

Michael G. Timmermans, PT, Named in America's Best in Medicine for Transforming Lives in St. Augustine

Championing Compassionate Care, Clear Communication, and Long-Term Health Empowerment



Saint Augustine, Florida Nov 25, 2025 ([IssueWire.com](https://www.issuewire.com)) - **Michael G. Timmermans, PT**, is a highly respected physical therapist with over 35 years of experience in the healthcare field. Based in St. Augustine, Florida, he is dedicated to providing personalized, high-quality care through Concierge Homecare, where he also supervises a talented team of Physical Therapist Assistants (PTAs).

Mike began his professional journey as a psychiatric nurse, later transitioning into nursing and eventually physical therapy. This unique career path has endowed him with a holistic understanding of patient care, emphasizing the crucial mind-body connection pivotal to the healing process. His extensive background allows him to approach each patient with empathy and authenticity, ensuring that their needs are met with compassion and professionalism.

In addition to his clinical expertise, Mike is deeply committed to personal development and continuous growth. He has completed all three levels of the Genesis programs—Awakening, Ectasis, Growth, and Atlas Leadership—expanding his capacity for self-awareness, resilience, and transformational leadership. He has also engaged in empowerment training with mentors Rob, Paul, and Jonathan, further strengthening his ability to guide others through meaningful change. Currently, Mike is pursuing certification as a Stress Management Coach, reflecting his dedication to helping individuals cultivate healthier, more balanced lives.

Recognized for his unwavering commitment to improving his patients' lives, Mike has developed a reputation for helping individuals regain their independence and enhance their quality of life. His dedication extends beyond the clinic; he is passionate about education and wellness, which led to the creation of his online course, "How to Cope with Stress in a Healthy Manner." This course equips individuals with practical, evidence-based strategies to manage stress effectively and improve overall well-being. By fostering healthier coping mechanisms and resilience, Mike aims to empower individuals to enhance their daily lives.

Beyond his professional pursuits, Mike is a firm believer in the importance of personal growth and nurturing family relationships. He emphasizes that continuous self-improvement and meaningful connections are vital components of a fulfilling life. "What I enjoy most about practicing medicine is seeing the meaningful difference I make in my patients' lives," says Mike. "It's incredibly rewarding to witness their progress, knowing that my care and guidance contribute to their improved health and overall well-being."

Grounded in experience, empathy, and a commitment to lifelong growth, Mike continues to make a profound impact on the lives of those he serves. His dedication to excellence and compassion is evident in every aspect of his work, distinguishing him as a true leader in the field of physical therapy.

Learn more about Michael G. Timmermans:

Through his America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/michael-timmermans>

America's Best in Medicine

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core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

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