

Kara Stuart Lewis, MD, FAAN, FAHS, FCNS: Pioneering Pediatric Neurology at Phoenix Children's Hospital

Advancing Excellence in Fetal and Neonatal Care Through Leadership, Innovation, and Compassion



Phoenix, Arizona Nov 11, 2025 ([Issuewire.com](https://www.issuewire.com)) - Kara Stuart Lewis, MD, FAAN, FAHS, FCNS, a distinguished pediatric neurologist, continues to make significant strides in the field of pediatric and fetal neurology as the Medical Director of Fetal Neurology at the Center for Fetal and Neonatal Care at Phoenix Children's Hospital, Thomas Campus, and as the Director of Education for the Barrow

Neurological Institute at Phoenix Children's. She is dedicated to improving the lives of children with neurological conditions, making her a cornerstone of the medical community in Arizona.

A native of Phoenix, Dr. Lewis has returned to her roots after earning her Bachelor of Arts Degree in Anthropology from Pomona College in Claremont, California, and her Medical Degree from the University of Arizona College of Medicine - Tucson. Her extensive postgraduate training includes a pediatrics residency at St. Joseph's Hospital and Medical Center and a fellowship in child neurology at the Barrow Neurological Institute.

With a unique blend of expertise and compassion, Dr. Lewis is well-equipped to diagnose and treat a comprehensive range of neurologic conditions, including headaches, migraines, cerebral palsy, and congenital disorders that arise before and after birth. "I view each patient as a puzzle to be solved, and I am dedicated to understanding their unique challenges and needs," she explains. Her approach to patient care is rooted in active listening and respect for both patients and their caregivers, fostering an environment of empathy and trust.

Dr. Lewis's professional accolades extend beyond her clinical practice. She is board-certified in neurology with a special qualification in child neurology and holds subspecialty board certification in headache medicine. Her leadership and expertise are recognized through her memberships in several prestigious organizations, including the Professors of Child Neurology, the Southern Pediatric Neurology Society, and the Consortium of Arizona Cephalologists, Teachers and Investigators (CACTI). Additionally, she is an elected Fellow of the American Academy of Neurology (FAAN), the American Headache Society (FAHS), and the Child Neurology Society (FCNS).

As a national speaker and prolific researcher, Dr. Lewis has contributed to numerous peer-reviewed publications, including Current Pain and Headache Reports, Pediatrics in Review, Frontiers in Neurology, and Neurology Genetics. Her research continues to influence the field and enhance understanding of pediatric neurology.

Furthermore, her involvement with the national Make-A-Wish America Medical Advisory Council has enabled her to connect with professionals across various medical disciplines, all sharing the goal of improving care for children facing life-threatening conditions.

Outside of her professional commitments, Dr. Lewis enjoys spending quality time with her husband and three children. She finds joy in traveling, hiking, golfing, reading, and attending live theater performances. A passionate sports enthusiast, she also enjoys cheering on her favorite college basketball teams.

Dr. Kara Stuart Lewis is a dedicated advocate for children's health, combining her clinical expertise with a heartfelt commitment to improving the lives of young patients and their families. Her unwavering dedication to excellence and compassionate care has earned her multiple Top Doctor honors from PHOENIX Magazine, reflecting the profound impact she continues to make in pediatric neurology.

Learn More about Dr. Kara Stuart Lewis:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/1956720-Kara-Stuart-Lewis-Neurologist> or through Phoenix Children's Hospital, <https://phoenixchildrens.org/find-a-doctor/kara-s-lewis-md>

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Source : Dr. Kara Stuart Lewis

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