

Holiday Wellness Tips and Gifts and Exclusive Savings on Professional-Grade Supplements

Dr. Celestin of CC Vascular Medicine encourages the community to stay protected during the winter season, maintain healthy circulation habits, and take advantage of upcoming exclusive savings on professional-grade wellness supplements.



Las Vegas, Nevada Nov 23, 2025 ([Issuewire.com](https://www.issuewire.com)) - "Winter brings unique challenges for vascular health — from increased inflammation to reduced mobility and higher risk of blood clots," said **Dr. Carmel Celestin**, founder of CC Vascular Medicine. "Flu vaccination, healthy movement, and early lifestyle changes can make a significant difference in vascular well-being through the holidays and into the New Year."

Flu Vaccination and Vascular Health

Recent medical evidence continues to support the **connection between flu vaccination and reduced cardiovascular events**, including heart attack, stroke, and complications in patients with existing vascular disease. CC Vascular Medicine is encouraging all eligible individuals to receive their influenza vaccine before holiday gatherings and peak seasonal activity.

Circulation-Friendly Holiday Gift Ideas

As part of the holiday campaign, the practice is spotlighting **practical, health-supporting gifts** for patients, caregivers, and wellness-minded individuals:

- **Compression socks** for improved venous and lymphatic return
- **Under-desk pedal exercisers** to counteract prolonged sitting
- **Whole-body vibration plates** for gentle circulation support, lymphatic stimulation, and mobility

“These tools make meaningful gifts that support better circulation and overall vascular health heading into the new year,” said Dr. Celestin.

Preparing for 2025: Resolutions That Improve Vascular Health

CC Vascular Medicine urges patients to begin thinking about evidence-based goals for the coming year:

- **Smoking cessation** is one of the most powerful ways to reduce vascular damage
- **Healthy weight management** to reduce inflammation and arterial strain
- **Daily movement habits**, even in short intervals
- **Regular vascular screenings** for at-risk individuals

“These changes don’t just improve circulation — they dramatically improve long-term quality of life,” Dr. Celestin added.

Exclusive Holiday Savings on Trusted Wellness Supplements (Nov 28–Dec 2)

To support patients' wellness goals, CC Vascular Medicine is partnering with Fullscript to offer **exclusive, limited-time savings** on professional-grade supplements and wellness products:

Sale Dates: November 28 – December 2

Access: <https://us.fullscript.com/welcome/cc-vascular-medicine>

The online dispensary provides safe, practitioner-vetted supplements with secure supply chains and transparent quality standards.

About CC Vascular Medicine

CC Vascular Medicine is a patient-centered vascular practice dedicated to prevention, early detection, and comprehensive care for venous and arterial disease. Through education, evidence-based medicine, and integrative wellness support, the practice provides individualized pathways toward healthier circulation and long-term vascular wellness.

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