

George H. Gillette's new book *Sea Dogs & Sea Pups: Inner-Self Treasures* brings real-life sea adventures and laughter.



Beverly Hills, California Nov 20, 2025 ([Issuewire.com](http://www.Issuewire.com)) - A humorous and heartfelt collection of true stories that prove wisdom can be found in waves, weather, and a good laugh.

Life on the ocean is not only about sunsets and seagulls; sometimes it is smelly, unusual, and more than

expected, teaching about self. The author's book, *Sea Dogs & Sea Pups: Inner-Self Treasures*, is an invitation to the readers for the trip through the author's real-life sailing adventures with his unfiltered humor, sharp honesty, and a little bit of saltwater wisdom.

Gillette gives us laugh-out-loud stories and, at the same time, conveys heartwarming life lessons, for he is so skillful in turning his encounters with odd shipmates, erratic weather, and moments of quiet contemplation into stories that are just perfect for the telling. Each chapter portrays the essence of life at sea—friendship, disorder, and laughter while it also lets readers realize that the greatest winners might be one's inner self.

"I have found on the ocean the most hilarious, weird, and pure people," Gillette is saying. "Every stinky thing, every wrong step, and every big laugh imparted to me a lesson—most of the time the hard way."

About the Book

Sea Dogs & Sea Pups: Inner-Self Treasures is a lively mix of humor, honesty, and reflection — a book that's as much about life as it is about the ocean. Readers are taken on a journey to ports around the world, meeting colorful characters and witnessing hilarious (and often humbling) moments that only a seasoned sailor could tell.

But beneath the jokes and sea spray, Gillette shares a deeper message: that humor and resilience are the real treasures of the inner self. His stories celebrate friendship, perseverance, and the art of laughing at life when it smells the worst. With a tone that's part sea shanty, part therapy session, and part stand-up routine, *Sea Dogs & Sea Pups* offers a refreshingly honest take on finding joy and meaning amid life's storms.

About the Author

George H. Gillette is a sailor, storyteller, and lifelong adventurer who has spent much of his life navigating the unpredictable seas - and the equally unpredictable world of human nature. Known for his straight-talking, humorous storytelling style, Gillette shares true tales inspired by real events, real people, and the ridiculous reality of life at sea.

Whether recounting a mishap in a foreign port or reflecting on the meaning of courage, Gillette writes with the kind of truth and warmth that makes readers feel like they're sitting beside him on the deck, swapping stories over coffee and salt air.

Sea Dogs & Sea Pups: Inner-Self Treasures marks a celebration of a life fully lived - and laughed at.

Availability

Sea Dogs & Sea Pups: Inner-Self Treasures is available now in paperback and eBook formats through Amazon, Barnes & Noble, and major online retailers.

Book Link: <https://a.co/d/8JqZj81>

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