Artyom Khachikyan, PsyD: Pioneering Mental Health Services for Diverse Communities in California

Trilingual Psychologist and Advocate Expands Access to Culturally Sensitive Care



Los Angeles, California Nov 10, 2025 (<u>Issuewire.com</u>) - Artyom (Art) Khachikyan, PsyD, a licensed clinical psychologist and Founder of Wise Mind Process Inc. and Astute Care Pathways, is dedicated to transforming mental health care across California. With a robust background in community-based and

correctional settings, including the California State Prison system, Dr. Khachikyan is committed to providing culturally sensitive therapy to clients, particularly those from diverse backgrounds. His unique approach emphasizes empowerment, respect, and evidence-based practices, ensuring that each client feels valued and understood.

Dr. Khachikyan explains, "I am here to help you cope with the stress in your daily life by improving your mental health and ability to live the life you want to live. Therapy with me consists of culturally sensitive therapy sessions that are tailored to the unique needs of our clients with diverse cultural backgrounds. I bring the best mental health care possible to the table and treat my clients with respect and responsibility. As your mental health advocate, I recognize that you are the expert of your own life. I am here to support and help you find your voice and to realize your potential."

Dr. Khachikyan holds a Master's Degree in Clinical Psychology from Yerevan State University and a PsyD in Applied Clinical Psychology from The Chicago School of Professional Psychology in Los Angeles. His extensive training includes expertise in substance use disorders, dual diagnosis, cognitive behavioral therapy (CBT), dialectical behavior therapy (DBT), psychodynamic approaches, and mindfulness. He is also DBT certified and is currently completing his EMDR Certification to enhance his ability to assist clients in processing trauma and building resilience. Driven to deepen his understanding of mental health disorders, he returned to academia for a Master of Science degree in Psychopharmacology. This educational pursuit enables him to incorporate a thorough understanding of the biochemical underpinnings of mental health.

Fluent in English, Armenian, and Russian, Dr. Khachikyan's practice stands out for its commitment to accessibility. He has a particular focus on advocating for Armenian and Russian-speaking immigrants who may face barriers to mental health services, offering pro bono psychological care to those with limited or no insurance. His work is driven by a belief in equity and inclusion, ensuring that everyone has access to the care they deserve.

"Every individual has their own unique story and set of challenges," says Dr. Khachikyan. "I specialize in helping clients struggling with anxiety, depression, trauma, addiction, and relationship difficulties. Together, we develop coping skills that foster long-term stability and personal growth."

In addition to his clinical work, Dr. Khachikyan is dedicated to professional excellence, demonstrated by his advanced training in violence risk assessment and management. His credentials include certifications in Foundations of Violence Risk Assessment and Management, as well as Advanced Issues in the Assessment of Risk for Violence: Formulation.

As Dr. Khachikyan continues to expand his practice, he remains committed to making a meaningful impact on the mental health landscape in California. Through Wise Mind Process Inc. and Astute Care Pathways, he aims to break down barriers to mental health access and provide top-tier care to all clients.

Learn More about Dr. Artyom Khachikyan:

Through his findatopdoc profile, https://www.findatopdoc.com/doctor/Artyom-Khachikyan-Psychologist, through Wise Mind Process Inc., https://wisemindprocessinc.com/ or through Astute Care Pathways: A Professional Psychological Corporation, https://astutecarepathways.com/

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