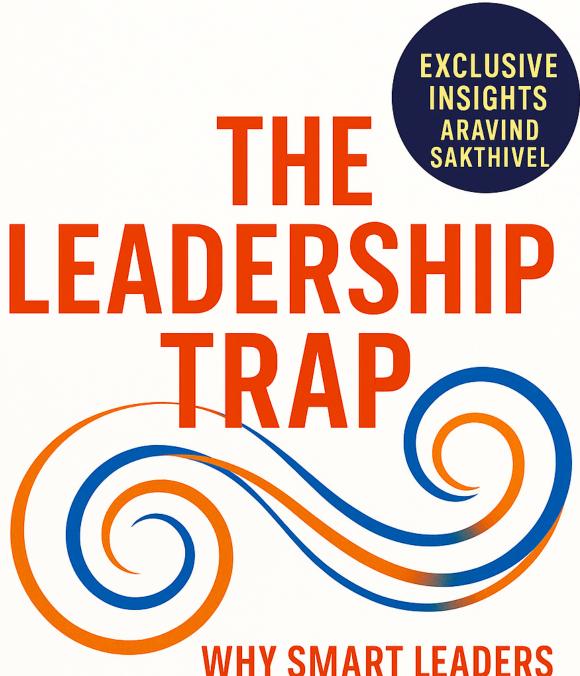
# **Aravind Sakthivel's New Book "The Leadership Trap" Uncovering Hidden Leadership Traps and Solutions**

The New book, The Leadership Trap: Why Smart Leaders Fall Into 3 Death Spirals and How to Break Free





WHY SMART LEADERS
FALL INTO 3 DEATH SPIRALS
AND HOW TO BREAK FREE

**ARAVIND SAKTHIVEL** 

Cambridge, Cambridgeshire Nov 25, 2025 (<u>Issuewire.com</u>) - Leadership expert, technologist, and Chief Al Officer Aravind Sakthivel announces the release of his new book, The Leadership Trap: Why Smart Leaders Fall Into 3 Death Spirals and How to Break Free, available worldwide on Amazon in January 2026. Rooted in more than two decades of executive experience and backed by extensive corporate research, the book exposes the invisible traps that cause even the most capable leaders to derail.

Research shows that nearly two-thirds of Fortune 500 CEO failures stem not from market forces but from predictable internal behaviours. Through compelling analysis, case studies, and practical diagnostic tools, *The Leadership Trap* reveals how those failures follow recognizable patterns Aravind identifies as **the 3 Death Spirals**.

"Leadership failure rarely arrives as a single catastrophe," says **Aravind Sakthivel**. "It builds quietly, through traps that feel rational in the moment. This book exposes those traps and equips leaders with practical frameworks to break free."

#### What Readers Will Learn

The Leadership Trap is built as both a diagnostic manual and a survival toolkit, offering:

## **Practical Diagnostic Tools**

- The Leadership Trap Diagnostic with scoring system
  - End-of-chapter checklists
  - Organizational "health status" from Healthy to Crisis Zone

## **Proven Escape Frameworks**

- Evidence-based countermeasures tailored to each trap
  - Examples from resilient companies like Amazon, Southwest Airlines, Microsoft, Patagonia
  - Monday Morning Implementation guides

## Who the Book Is For

The Leadership Trap is written for:

- C-suite executives navigating complexity
  - Senior managers addressing culture or performance issues
  - HR leaders and executive coaches guiding struggling teams
  - Business owners building sustainable, high-trust cultures
  - Anyone seeking to avoid predictable, preventable executive derailment

#### About the Author

Aravind Sakthivel is an author, technologist, Chief Information Officer, and Chief Al Officer

specializing in the intersection of AI, leadership behavior, and organizational psychology. With more than 23 years of global technology leadership experience, he has served as CIO at major companies and now works as a Fractional CIO and Chief AI Officer through **London AI Studio**.

Based in Cambridge, UK, Aravind's research focuses on why intelligent, high-performing leaders fall into destructive behavioral spirals and how organizations can prevent systemic failure. His signature framework, *The Leadership Traps and the 3 Death Spirals*, provides a powerful lens for diagnosing leadership decline and creating sustainable change.

He holds an MBA from Nyenrode Business Universiteit and completed executive education at Harvard Business School. Aravind is an active mentor supporting refugees in Europe and women in technology initiatives.

#### **Book Details**

Title: The Leadership Trap: Why Smart Leaders Fall Into 3 Death Spirals and How to Break Free

Author: Aravind Sakthivel Release Date: January 2026 Format: Print and Kindle

Publisher: Amazon; <a href="https://www.amazon.com/author/aravindsakthivel">https://www.amazon.com/author/aravindsakthivel</a>

Website: www.aravindsakthivel.com/leadershiptrap

### Pre-Order, Media & Speaking Requests

For review copies, interviews, or to invite Aravind to speak at your event, please connect on LinkedIn: linkedin.com/in/aravindsakthivel

#### **Media Contact**

#### **Arayind Sakthivel**

Author, Technologist & Chief Al Officer Cambridge, United Kingdom

Website: www.aravindsakthivel.com/leadershiptrap

LinkedIn: linkedin.com/in/aravindsakthivel



# **Media Contact**

**VALUE ASTRA LIMITED** 

\*\*\*\*\*\*\*@londonaistudio.com

07557315287

30 Ansley Way

Source: VALUE ASTRA LIMITED

See on IssueWire