

Aravind Sakthivel's New Book "The Leadership Trap" Uncovering Hidden Leadership Traps and Solutions

The New book, The Leadership Trap: Why Smart Leaders Fall Into 3 Death Spirals and How to Break Free

**EXCLUSIVE
INSIGHTS
ARAVIND
SAKTHIVEL**

THE LEADERSHIP TRAP



**WHY SMART LEADERS
FALL INTO 3 DEATH SPIRALS
AND HOW TO BREAK FREE**

ARAVIND SAKTHIVEL

Cambridge, Cambridgeshire Nov 25, 2025 ([IssueWire.com](https://www.issuewire.com)) - Leadership expert, technologist, and Chief AI Officer **Aravind Sakthivel** announces the release of his new book, **The Leadership Trap: Why Smart Leaders Fall Into 3 Death Spirals and How to Break Free**, available worldwide on Amazon in January 2026. Rooted in more than two decades of executive experience and backed by extensive corporate research, the book exposes the invisible traps that cause even the most capable leaders to derail.

Research shows that nearly two-thirds of Fortune 500 CEO failures stem not from market forces but from predictable internal behaviours. Through compelling analysis, case studies, and practical diagnostic tools, *The Leadership Trap* reveals how those failures follow recognizable patterns Aravind identifies as **the 3 Death Spirals**.

“Leadership failure rarely arrives as a single catastrophe,” says **Aravind Sakthivel**. “It builds quietly, through traps that feel rational in the moment. This book exposes those traps and equips leaders with practical frameworks to break free.”

What Readers Will Learn

The Leadership Trap is built as both a diagnostic manual and a survival toolkit, offering:

Practical Diagnostic Tools

- The Leadership Trap Diagnostic with scoring system
- End-of-chapter checklists
- Organizational “health status” from Healthy to Crisis Zone

Proven Escape Frameworks

- Evidence-based countermeasures tailored to each trap
- Examples from resilient companies like Amazon, Southwest Airlines, Microsoft, Patagonia
- Monday Morning Implementation guides

Who the Book Is For

The Leadership Trap is written for:

- C-suite executives navigating complexity
- Senior managers addressing culture or performance issues
- HR leaders and executive coaches guiding struggling teams
- Business owners building sustainable, high-trust cultures
- Anyone seeking to avoid predictable, preventable executive derailment

About the Author

Aravind Sakthivel is an author, technologist, Chief Information Officer, and Chief AI Officer

specializing in the intersection of AI, leadership behavior, and organizational psychology. With more than 23 years of global technology leadership experience, he has served as CIO at major companies and now works as a Fractional CIO and Chief AI Officer through **London AI Studio**.

Based in Cambridge, UK, Aravind's research focuses on why intelligent, high-performing leaders fall into destructive behavioral spirals and how organizations can prevent systemic failure. His signature framework, *The Leadership Traps and the 3 Death Spirals*, provides a powerful lens for diagnosing leadership decline and creating sustainable change.

He holds an MBA from Nyenrode Business Universiteit and completed executive education at Harvard Business School. Aravind is an active mentor supporting refugees in Europe and women in technology initiatives.

Book Details

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