

A Lyrical Novel of Grief, Secret Superpowers, and the Unshakeable Bonds of Love

SOAR



Written BY ADAM BERCH

Farmingdale, New York Nov 22, 2025 ([IssueWire.com](https://www.IssueWire.com)) - Science fiction author and educator Adam Berch announces the release of his powerful debut novel, *SOAR*. This breathtaking, introspective journey chronicles one young woman's fight for freedom and self-acceptance amid unimaginable loss, grounding the extraordinary element of flight in the very real themes of courage and enduring love.

A Leap from Trauma to Triumph

Emma Harper's life was shattered by the accidental death of her younger brother, Ben. Seven years later, reeling from her parents' distant grief and a forced move to the sterile suburb of Oakwood, Emma finds herself adrift and isolated. Her only escape comes unexpectedly: the discovery that she can fly.

The narrative intimately tracks Emma's emotional arc from isolation to fierce self-possession:

- **The Weight of Secrecy:** Emma's ability becomes both her secret sanctuary and her burden, forcing her to navigate a new school, the relentless taunts of the "queen bee" Madison, and the growing concern of her parents, all while hiding an impossible truth.
- **The Anchor of Connection:** Her world begins to stabilize with the arrival of Charlie, the kind, unassuming boy who offers unwavering support, and Ryder, who shares her creative spirit. Sharing her secret with Charlie becomes a powerful act of trust and self-acceptance.
- **A Legacy of Courage:** Ultimately, Emma and Charlie face their future together, grounding the extraordinary element of flight in the very real themes of courage, loyalty, and enduring love. The novel's powerful conclusion leaves readers with a lasting sense of hope and inspiration.

A Lyrical Exploration of Healing

Written with a sincere, lyrical voice, *SOAR* uses the fantastic element of flight as a powerful metaphor for shedding the emotional weight of grief. The author articulates Emma's deepest feelings, describing her experience of deep loss, transformed into remembrance. The style prioritizes profound emotional honesty, making it a compelling read for fans of contemporary fiction and young adult titles that explore mental health and emotional resilience.

Early Reader Insight: "A beautifully written, heartbreakingly honest story. Emma's journey taught me that freedom isn't just about escaping; it's about embracing what makes you limitless."

About the Author

Adam Berch is a science fiction author and educator with a passion for storytelling, both in the classroom and on the page. He holds two Master's degrees—one from the New York Institute of Technology and another from Long Island University/ CW Post. Born in New Jersey and raised in Massapequa, New York, Adam has lived coast to coast, from the bright lights of Los Angeles to the sunny shores of Florida. When he's not writing or teaching Television Production, Adam enjoys staying active through paddle tennis, pickleball, racquetball, and soccer. A lifelong New York Mets fan and devoted Dallas Cowboys supporter, he's also a dedicated moviegoer and music enthusiast, having attended over 100 concerts—from Van Halen to Billy Joel. This is his debut novel.

Availability and Contact

SOAR is available now in print and digital formats through major online retailers. For early review copies, media inquiries, interviews, or requests for thematic discussions on grief, trauma, and resilience, please contact:

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