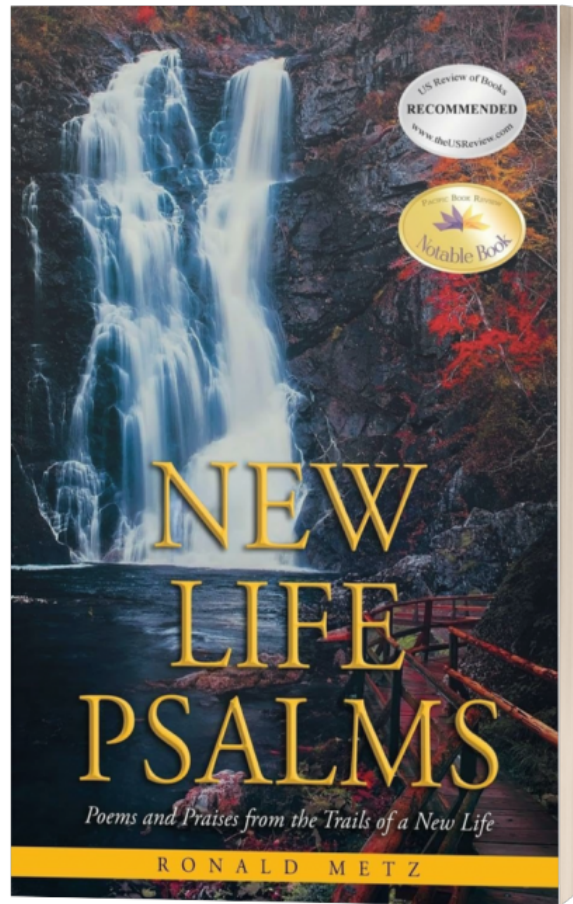


A Journey of Faith, Nature, and Spirit Through Poetry

“*New Life Psalms: Poems and Praises from the Trails of a New Life*” by Ronald Metz receives glowing praise from the US Review of Books for its heartfelt, faith-rooted reflections



Los Angeles, California Nov 12, 2025 ([IssueWire.com](https://www.issuewire.com)) - In his spiritually resonant poetry collection, *[“New Life Psalms: Poems and Praises from the Trails of a New Life.”](#)* Ronald Metz invites readers to explore the divine in the everyday. With the guiding presence of the Holy Spirit, Metz weaves together fragments of life—daily experiences, struggles, moments of beauty, and spiritual awakening—into a rich tapestry of meaning, connection, and praise.

Metz’s inspiration stems from the idea that life unfolds in broken pieces, but faith, especially through Jesus Christ and the Holy Spirit, allows us to weave those pieces into something whole and beautiful. His poems reflect intersections—between people, places, and divine purpose—reminding readers that by listening closely, they too can hear the Spirit’s whisper and respond in love and action.

Recently RECOMMENDED by the US Review of Books, Metz’s work is described as a “remarkable catalog of varied experience,” lauded for its “delicate descriptive wording” and spiritually charged

metaphors. Reviewer Barbara Bamberger Scott praises Metz for his ability to reflect “God’s great light” in metaphors drawn from nature, such as clouds, flowers, wooded paths, and even humorous moments like a “clown balloon decorator and balloon artist.”

Metz brings the wisdom of a former US military officer, city letter carrier, and storyteller into this poetic offering that is as insightful as it is accessible. His psalms are for the modern-day believer—those seeking meaning, connection, and quiet truth in the rush of daily life.

“New Life Psalms” is not only a devotional companion, but also a gentle call to pause, reflect, and listen—to both God and the world He created.

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