

Zachary McCalley, PA-C, MS: Board-Certified Physician Assistant in Psychiatry and Addiction Medicine

Bringing a Holistic Approach to Behavioral Health in Edina, Minnesota



Edina, Minnesota Oct 8, 2025 ([Issuewire.com](https://www.issuewire.com)) - Zachary McCalley is a Board-Certified Physician Assistant licensed to practice in the state of Minnesota. He currently integrates medication management with holistic therapies at PsyFi TMS, utilizing advanced techniques such as transcranial magnetic stimulation (TMS), alpha stimulation, and psychotherapy to deliver comprehensive patient care. His commitment to individualized treatment aligns perfectly with PsyFi TMS's mission to offer the most effective long-term results for patients.

Zachary earned his Bachelor of Science in Psychology from the University of Iowa and his Master of

Science in Physician Assistant Studies from the University of Dubuque. He also holds a Certificate of Added Qualifications (CAQ) in Psychiatry from the National Commission on Certification of Physician Assistants (NCCPA). This academic foundation, combined with his clinical training, equips him to provide evidence-based care in both in-person and telehealth settings.

Before joining PsyFi TMS, Zachary gained valuable experience at Diamond Lake Clinic and contributed to significant research at the Iowa ADHD and Development Laboratory, focusing on attention disorders and their treatment. His early career also included a commitment to serving adults with developmental and intellectual disabilities at Mainstream Living, Inc., and he continues this dedication through his volunteer work with Mount Olivet Rolling Acres (MORA).

Zachary is passionate about improving the lives of patients facing challenges such as addiction, ADHD, anxiety, and mood disorders. He emphasizes the importance of building meaningful relationships with his patients, rooted in trust, empathy, and collaboration. His holistic approach not only addresses the psychological aspects of mental health but also considers the overall well-being of each individual.

Outside of his professional endeavors, Zachary enjoys the outdoors, spending quality time with family, as well as watching and playing sports. His commitment to his patients and community reflects the values upheld at PsyFi TMS, making him an invaluable member of the team.

Learn More about Zachary McCalley:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/83316179-Zachary-McCalley-Physician-Assistant> or through Psy Fi TMS, <https://www.psyfitms.com/about-us>

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