

Unlocking the Therapeutic Powers of Play: Capital Children's Wellness Center Welcomes Danielle Maizel, MA, LCPC, RPT

Enhancing the Lives of Children and Families Through Innovative Therapeutic Approaches



Potomac, Maryland Oct 23, 2025 ([IssueWire.com](https://www.issuewire.com)) - Capital Children's Wellness Center is proud to announce the continued contributions of Danielle Maizel, MA, LCPC, RPT™, Founder and Psychotherapist, who has been an integral part of the center since its inception. With her extensive experience and passion for child development, Danielle is committed to providing exceptional therapy services that cater to the unique needs of children and their families.

Danielle Maizel is a Licensed Clinical Professional Counselor and Registered Play Therapist, specializing in utilizing the therapeutic powers of play to foster emotional and psychological growth in children. Since 2017, she has worked with children as young as 2.5 years old, employing play therapy techniques that promote healing and resilience in a fun and engaging manner. Her expertise allows her to address a wide range of challenges, from anxiety and behavioral issues to trauma and developmental disorders.

As a dedicated mother of three children aged five and under, Danielle understands the joys and challenges of parenting. She often draws inspiration from her own experiences, incorporating elements of play and creativity into her therapeutic practices. Danielle enjoys playful activities, such as building sandcastles and exploring the outdoors with her toddlers. She also cherishes capturing candid moments of her children, which reflects her belief in the importance of embracing the present.

Danielle is licensed to provide therapy services in both Maryland and Colorado, making her a versatile resource for families across state lines. Her qualifications include post-graduate training in various therapeutic modalities, including Play Therapy, Brainspotting, Dialectical Behavior Therapy (DBT) Groups, Parent Coaching, Mindfulness, and Eye Movement Desensitization and Reprocessing (EMDR). This diverse training equips her with a range of tools to effectively support children and families in navigating their emotional landscapes.

At Capital Children's Wellness Center, Danielle Maizel is committed to fostering a safe and nurturing environment for children to explore their feelings and develop coping strategies. Her approach emphasizes the importance of play as a vital component of child development, allowing children to express themselves in ways that traditional talk therapy may not facilitate.

Learn More about Danielle Maizel:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/83469898-Danielle-Maizel-Counselor-Therapist> or through Capital Children's Wellness Center, <https://www.capitalchildrenswellness.com/meet>

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Source : Danielle Maizel

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