

Under My Skin — A raw story of pain, healing, and self-transformation

“Under My Skin”: yourrrr_soul Unveils a Bold Memoir of Love, Pain, and Transformation
Summary: Author yourrrr_soul shares a raw and unapologetic memoir about breaking free from narcissistic abuse, embracing self-discovery, and finding magic in pain

Under My Skin



yourrrr_soul

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Kharkiv, Ukraine Nov 6, 2025 ([IssueWire.com](https://www.issuewire.com)) - Under My Skin by yourrrr_soul (@yourrrr_soul) is a powerful memoir about narcissistic abuse, spiritual awakening, and reclaiming destiny.

Written with irony and honesty, it shows how even the darkest experiences can become fuel for growth.

About the Book

Under My Skin is more than a memoir. It is a survival story, a spiritual awakening, and an act of rebellion. It speaks to empaths, survivors, and seekers of truth who want to reclaim their voice and break free from toxic illusions.

The book closes with a heartfelt poem about eternal love and remembrance, leaving the reader with a sense of both closure and new beginnings.

"Under My Skin" is not just a book - it's a confession, a survival spell, and a reminder that even in the darkest moments, light can still live inside us.

This story about breaking free from narcissistic illusions, about the pain of twin flame journeys, but also about transformation, irony, and reclaiming destiny.

For empaths, seekers, and anyone who ever felt like they were "too much" - this book is proof that you are already enough

"They can have a man, but they will never have my destiny."

Now available worldwide on Amazon, Kobo, D2D, Gumroad and more:

<https://www.kobo.com/ww/en/ebook/under-my-skin-65>

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