

“Triumph Over Trauma” Book Sales to Fund Healing Retreats for Veterans with PTSD

Author donates all book proceeds to Heroic Hearts Project, with the first \$6,000 covering the full cost of one veteran’s healing journey retreat.

“This book demystifies and destigmatizes this still all too often misunderstood and underappreciated modality of healing, that promises to help so many who are trapped in anguish and suffering.”

—DAVID BRONNER, Cosmic Engagement Officer, *Dr. Bronner's Magic Soaps*

TRIUMPH OVER TRAUMA

PSYCHEDELIC MEDICINES ARE HELPING PEOPLE
HEAL THEIR TRAUMA, CHANGE THEIR LIVES,
AND GROW THEIR SPIRITUALITY



TRANSFORMATIVE STORIES TO GUIDE YOU AS YOU
EMBARK ON YOUR OWN HEALING JOURNEY

EDITED BY

RANDALL S. HANSEN, PH.D.

Spokane, Washington Nov 10, 2025 ([IssueWire.com](https://www.issuewire.com)) - On Veterans Day, *Triumph Over Trauma* is more than a book – it's a ticket to hope and healing. Revenue from ongoing book sales will fund plant medicine treatment for veterans through Heroic Hearts Project (HHP). Author Dr. Randall Hansen is donating \$6,000 on November 11th – the full cost of sending one veteran through Heroic Hearts Project's life-saving retreat and coaching program.

This gift will cover every element of one veteran's journey, including retreat costs, integration coaching, and ongoing support. Heroic Hearts Project has become a leader in providing alternative healing paths for veterans struggling with PTSD, depression, and trauma, connecting them with safe, legal, and guided plant medicine experiences that have already changed – and saved – countless lives.

"So many of our veterans return from service carrying invisible wounds. Conventional treatments don't always work, and too many of them are lost to despair. I wanted this book to be more than just words on a page... I wanted it to be the foundation for the healing revolution. Supporting Heroic Hearts Project on Veterans Day is my way of honoring their sacrifice and giving back tangibly," said Dr. Randall Hansen, author of *Triumph Over Trauma*.

"Every donation is a lifeline for a veteran who might otherwise slip through the cracks," said Jesse Gould, Founder of Heroic Hearts Project. "Randall's support funds not just a retreat, but a complete healing journey – from preparation to ceremony to integration. We're deeply grateful to see authors and changemakers joining this mission."

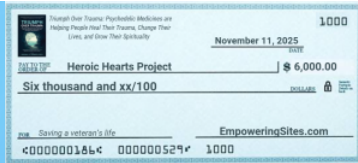
About the Book: *Triumph Over Trauma: Psychedelic Medicines are Helping People Heal Their Trauma, Change Their Lives, and Grow Their Spirituality* weaves together stories of resilience and breakthroughs in healing, highlighting both cutting-edge and traditional approaches to overcoming trauma. Since its release, the book has inspired readers to explore additional tools for healing, gain a deeper understanding of trauma, and offer hope for a journey toward full recovery.

About HHP: Heroic Hearts Project is a nonprofit organization dedicated to helping military veterans struggling with PTSD, depression, and other trauma-related issues. By connecting veterans to safe, legal plant medicine retreats and providing comprehensive integration coaching, Heroic Hearts Project is pioneering a new path to healing and saving lives in the process. Learn more at HeroicHeartsProject.org.

"In addition to supporting Heroic Hearts Project's ongoing work, a portion of the proceeds from *Triumph Over Trauma* will also contribute to a possible future initiative aimed at funding healing specifically for Vietnam War veterans. This initiative will provide much-needed honor, support, and resources for a generation of veterans who served our country, but who continue to face unique challenges and trauma," states Hansen.

Make Your Purchase Count This Veterans Day: Every purchase of *Triumph Over Trauma* helps transform lives. The first \$6,000 raised will fully fund one veteran's healing journey through Heroic Hearts Project – and all book proceeds moving forward will continue to fund additional retreats, expanding the impact of this book. And perhaps most importantly: reading *Triumph Over Trauma* may change the lives of its readers, too.

Learn more about the book: <https://triumphovertraumabook.com/>



**HEROIC
HEARTS
PROJECT**

Media Contact

EmpoweringSites.com

*****@randallshansen.com

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