

Thorn & Bloom Magazine Launches Revelatory Third Issue, 'The Splinters We Carry.'

A collection where raw truth becomes the first step toward liberation.

SEPTEMBER, 2025 // ISSUE 03

a literary
magazine

Thorn & Bloom

The Splinters We Carry



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FEATURED PHOTOGRAPHY:
NATURE IS OUR MIRROR AND OUR
HEALER BY SAM OSBISTON.

London, United Kingdom Oct 11, 2025 ([IssueWire.com](https://www.IssueWire.com)) - Thorn & Bloom Magazine today announced the release of its powerful third edition, "The Splinters We Carry." This quarterly publication is dedicated to exposing the harmful structures and internal demons that shape our lives, framing self-awareness as the first step toward liberation.

This latest issue offers a bold examination of the "thorns" embedded in society—the systemic injustices and psychological burdens that puncture our autonomy and distort self-perception. Through raw essays, poetry, and reflections, the magazine dissects how politics, racism, misogyny, and inherited trauma socialise us into cycles of harm, urging readers to confront these forces directly.

"This edition is about making the invisible visible," says Kirsty Anne Richards, Founder and Editorial Director of Thorn & Bloom. "We're exposing the thorns—both in society and within ourselves—so we can understand our socialisation, face our inner demons, and ultimately pull them out. True self-care begins with this courageous awareness."

Key Themes of "The Splinters We Carry" Include:

- Systemic Thorns: How politics, capitalism, racism, and sexism institutionalise harm.
- Psychological Thorns: The impact of shame, fear, and inherited trauma on identity.
- Scars of Socialisation: The lasting cost of childhood lessons in obedience and silence.
- Paths to Liberation: How acknowledging these wounds enables genuine healing and change.

Thorn & Bloom Magazine has established itself as a critical voice in independent publishing, offering a necessary antidote to superficial wellness trends. It provides a space for writers and readers committed to deep, honest exploration of how societal conditioning affects personal well-being. Thorn & Bloom Magazine Issue 03: The Splinters We Carry is now available for purchase in print and digital formats at www.redrosethorns.com/thornandbloommagazine

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