Swim for Him: The Big Sperm Swim

Making Waves for Male Infertility



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Swim for HIM: The Big Sperm Swim – Breaking the Silence on Male Infertility

Fertility Network UK (FNUK) and USwim Adventure are set to host *Swim for HIM: The Big Sperm Swim* on Saturday, 8 November 2025, from 11:00 AM to 1:00 PM at Dock 9, Salford Quays. This invigorating cold-water swim aims to raise awareness and funds for FNUK's HIM Fertility campaign, which supports men facing fertility challenges.

The event invites participants to take a 250m swim or dip, with water safety support provided. Entry is £15 online (£20 on the day), with £5 from each entry fee directly supporting HIM Fertility's initiatives. Additional donations can be made via JustGiving.

Proceeds will fund the expansion of HIM Fertility's peer support network, development of educational resources, and the organization of events and webinars tailored for men experiencing fertility issues.

For more information or to register, visit <u>www.entrycentral.com/swimforhimbigspermswim</u>

To donate: https://www.justgiving.com/campaign/swimforhim

About Fertility Network UK (FNUK):

Fertility Network UK is the leading UK charity providing support and information to anyone affected by fertility issues. Through its HIM Fertility campaign, FNUK offers a dedicated support group for men experiencing male factor fertility issues or those part of a couple facing challenges conceiving.

Media Contact

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