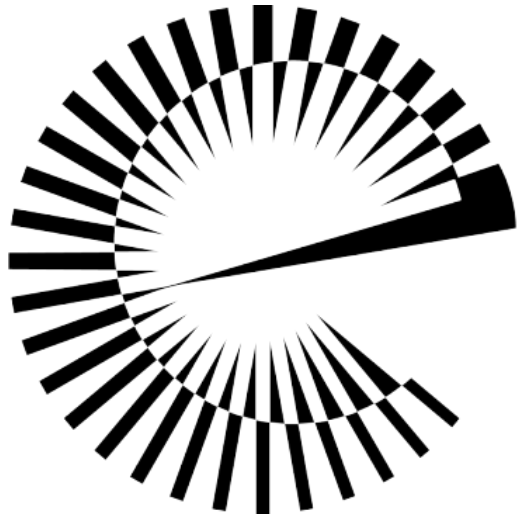


Stanford Study: Aging Accelerates at 44 & 60 — Evolance Wellness Inc. Calls for Proactive Cellular Support



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Miami, Florida Oct 2, 2025 ([Issuewire.com](https://www.issuewire.com)) - A groundbreaking study published in *Nature Aging* by Shen et al. (2024) reveals that human biomolecular aging accelerates in two distinct phases: around ages 44 and 60. In response, Evolance Wellness Inc. (operating under the brand Evolance) is calling for a proactive, mid-life cellular health strategy to close the “perception gap” between biological aging and when most individuals begin prioritizing wellness.

In this large multi-omics analysis, Stanford researchers tracked more than 135,000 molecules and microbial markers across participants aged 25 to 75, identifying two “waves” of rapid molecular change — rather than gradual decline. ([Stanford Medicine](#))

Evolance highlights a mismatch between societal perceptions of aging and biological realities. While many younger adults consider “old age” to begin near 60, surveys show those over 65 place the threshold closer to 74. This perception gap leaves a critical window in one’s 40s often unaddressed.

By attributing mid-life fatigue, brain fog, or reduced energy solely to stress or lifestyle, many may overlook underlying cellular changes already underway. Evolance believes that foundational support for cellular systems during this period can help better align healthspan with lifespan.

“Shen et al.’s results validate our conviction: biological aging doesn’t wait until later decades,” said Andrei G., Head of Product Development at Evolance. “Our mission is to help adults take early, system-level steps for cellular support that matter long term.”

Evolance emphasizes strategies that reinforce mitochondrial resilience, redox balance, and inflammation moderation — while supporting lifestyle fundamentals such as restorative sleep, movement, and metabolic regulation.

About Evolance Wellness Inc.

Evolance Wellness Inc. is a performance-wellness company producing clean-label, daily supplements

designed to support energy, clarity, and recovery.† Guided by its **Dynamic Equilibrium™** philosophy and **Trust Stack™** transparency initiative, Evolance develops products built on clinically studied ingredients and third-party testing.

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† These statements have not been evaluated by the U.S. Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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