

Preventive Dentistry in Scottsdale: Dr. Jason McCargar of Scottsdale Dental Arts Reveals 5 Secrets to a Healthier Smile

Scottsdale Dental Arts encourages the community to prioritize prevention, education, and everyday habits for long-term oral health.



Scottsdale, Arizona Oct 23, 2025 ([IssueWire.com](https://www.IssueWire.com)) - Preventive dentistry is more than just routine cleanings — it's a lifelong investment in health and confidence. **Dr. Jason McCargar, DMD**, of **Scottsdale Dental Arts**, is helping patients rethink their approach to oral care with personalized treatment plans, advanced technology, and a focus on education.

Dr. McCargar and his team share practical tips for maintaining strong teeth and gums — from brushing at the right times to limiting sugary drinks and keeping up with regular dental visits. These small daily habits can make a big difference in preventing cavities, gum disease, and costly treatments later on.

“Preventive care is the heart of everything we do,” said [Dr. McCargar](#). “Our goal is to help patients achieve healthy, confident smiles through early detection, consistent care, and education that empowers them beyond the dental chair.”

Because of his extensive training, **Dr. McCargar** is often sought out and referred to by his dental colleagues. He has performed thousands of procedures across cosmetic, restorative, and family dentistry — including full-mouth reconstructions and smile makeovers that have changed lives. Known for his artistry and precision, Dr. McCargar has built a reputation for compassionate, comprehensive care that prioritizes both function and aesthetics.

Through years of experience, he's developed a philosophy of **Comprehensive Dental Care**, focusing on ideal oral health, appearance, and function. His proactive approach is supported by preventive programs designed to help every patient maintain excellent oral health for life.

Recently, **Scottsdale Dental Arts** shared a “Fun Fact” on Facebook reminding followers that [staying hydrated helps maintain gum and tooth health](#). Water not only rinses away bacteria and food particles but also supports saliva production and a fresher mouth. Dr. McCargar encourages everyone to keep a refillable water bottle nearby — “your smile will thank you!”

Follow [Scottsdale Dental Arts on Facebook](#) for more tips and facts like these to keep your smile bright and healthy.

About Scottsdale Dental Arts

Located in the heart of Scottsdale, [Scottsdale Dental Arts](#) offers comprehensive dental care with an emphasis on prevention, comfort, and aesthetics. Led by **Dr. Jason McCargar, DMD**, the practice provides services in cosmetic, family, and restorative dentistry. From advanced digital diagnostics to early-morning appointments, the team is dedicated to helping every patient achieve a confident, healthy smile in a relaxed, caring environment.

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