

Outer Circle Foundation Announces Partnership with Sacred Ground Retreats to Support Veterans and First Responders

Too many of our heroes suffer in silence. Together, we're changing that — ensuring veterans and first responders never have to face their battles alone, with real solutions that lead to real healing.



Atlanta, Georgia Oct 23, 2025 ([Issuewire.com](https://www.issuewire.com)) - Outer Circle Foundation is proud to announce a partnership with [Sacred Ground Retreats](#), an organization dedicated to helping individuals heal from trauma through plant-based medicine retreats and trauma-informed care.

While traditional physicians often treat *symptomology* — the outward signs of trauma — Sacred Ground Retreats focuses on healing where trauma truly lives: in the subconscious. Their trauma-informed team, led by Licensed Professional Counselor, Founder and CEO, Eyrika Pak and Chief Operating Officer Darnette Hoag, a Marine Veteran and certified trauma-informed coach, brings deep insight into both the visible and hidden wounds carried by those who serve.

The program was developed by Eyrika, who, after trying other modalities that didn't provide lasting relief from her own trauma, completed a 12-month certification as a psychedelic practitioner, turning her personal journey into a mission to help others heal.

This treatment is ideal for those seeking long-term, natural healing without reliance on medication, offering a holistic approach that addresses the root of trauma rather than just its outward symptoms. For veterans and first responders suffering from PTSD, often marked by external manifestations of internal struggles, Sacred Ground Retreats provides a safe, trauma-informed space to process and release hidden wounds.

The program is an 8-week intensive, designed to honor the resilience of those who serve. "This is a journey — it takes resiliency, which our veterans have in spades," says Eyrika. This partnership with Outer Circle provides scholarships for veterans and first responders in need, covering up to 50%.

Together, this collaboration represents a shared commitment to providing innovative, compassionate, and evidence-based pathways to healing for the heroes who have given so much.

[Outer Circle Foundation](#) is a 501(c)(3) nonprofit dedicated to supporting Veterans, First Responders, and their families during times of need. We provide critical PTSD awareness and resources, suicide prevention programs, and career transition support through partnerships with other impactful nonprofits. Founded by Matt and Buffy Payne, Outer Circle Foundation is a beacon of hope and support for those who have served. Driven by deep appreciation for their sacrifices, we are committed to empowering, uplifting, and honoring our nation's heroes—because no one should face their challenges alone.



Media Contact

The Teal Bridge

*****@thetealbridge.com

4708056671

Source : Outer Circle Foundation

[See on IssueWire](#)