

New Memoir I Am Serena by Serena-Faith Masterson

New Memoir I Am Serena by Serena-Faith Masterson Brings a Message of Survival, Healing, and Wholeness to Readers Worldwide



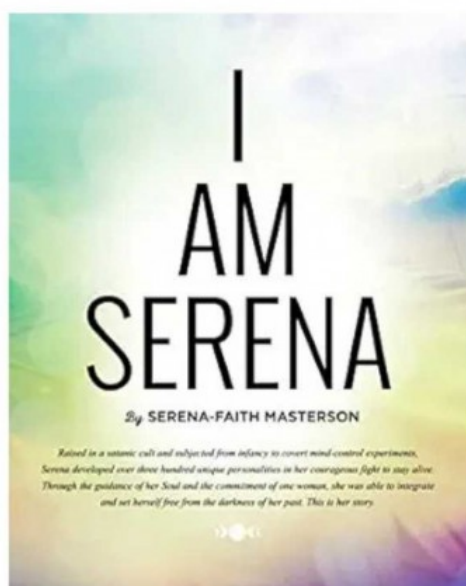
**PRESS
RELEASE**
FOR IMMEDIATE RELEASE

New Memoir *I Am Serena* by Serena-Faith Masterson Brings a Message of Survival, Healing, and Wholeness to Readers Worldwide

[United States]– In her **groundbreaking memoir**, *I Am Serena* (Print & Kindle Edition), Serena-Faith Masterson reveals a story of extraordinary courage, resilience, and the human spirit's power to heal. With a 4.8-star rating from nearly 100 readers, this inspiring book is already touching lives and sparking conversations around trauma, recovery, and hope. The book is also translated into Spanish, Italian, and Romanian.

At the heart of *I Am Serena* lies an incredible true journey: after enduring unspeakable trauma, Serena's mind created over 300 personalities to survive. This memoir does not dwell on the graphic details of abuse but instead highlights her process of healing, integration, and spiritual awakening. It is a book written for survivors, seekers, and healers; anyone who has ever wondered if wholeness is possible after the darkest of beginnings.

"I Am Serena is more than a memoir; it's living proof that healing and integration can happen," Serena shares. "It is my hope that my journey will encourage others to believe in their own possibility of wholeness."



With themes of perseverance, faith, and the triumph of the human spirit, *I Am Serena* offers not only an unforgettable reading experience but also a message of hope for anyone navigating their own path to recovery.

About the Author

Serena-Faith Masterson is a writer, speaker, and advocate for trauma survivors. Through her personal story, she inspires readers and audiences to embrace the possibility of healing, transformation, and spiritual wholeness.

Availability: *I Am Serena* is available now in Print & Kindle Edition on Amazon.

Press Contact



charlottomorganliterary@gmail.com



<https://tinyurl.com/327rn4k8>

Aurora, Colorado Oct 5, 2025 ([IssueWire.com](https://www.issuewire.com)) - In her **groundbreaking memoir**, *I Am Serena* (Print & Kindle Edition), Serena-Faith Masterson reveals a story of extraordinary courage, resilience, and the human spirit's power to heal. With a 4.8-star rating from nearly 100 readers, this inspiring book is already touching lives and sparking conversations around trauma, recovery, and hope. The book is also translated into **Spanish, Italian, and Romanian**.

At the heart of *I Am Serena* lies an incredible true journey: after enduring unspeakable trauma, Serena's mind created over 300 personalities to survive. This memoir does not dwell on the graphic details of abuse but instead highlights her process of healing, integration, and spiritual awakening. It is a book written for survivors, seekers, and healers; anyone who has ever wondered if wholeness is possible after the darkest of beginnings.

"I Am Serena is more than a memoir; it's living proof that healing and integration can happen," Serena shares. "It is my hope that my journey will encourage others to believe in their own possibility of wholeness."

With themes of perseverance, faith, and the triumph of the human spirit, *I Am Serena* offers not only an unforgettable reading experience but also a message of hope for anyone navigating their own path to recovery.

About the Author

Serena-Faith Masterson is a writer, speaker, and advocate for trauma survivors. Through her personal story, she inspires readers and audiences to embrace the possibility of healing, transformation, and spiritual wholeness.

Availability: *I Am Serena* is available now in **Print & Kindle Edition on Amazon**.

<https://a.co/d/7QWSWir>



New Memoir I Am Serena by Serena-Faith Masterson Brings a Message of Survival, Healing, and Wholeness to Readers Worldwide

[United States] - In her groundbreaking memoir, *I Am Serena* (Print & Kindle Edition), Serena-Faith Masterson reveals a story of extraordinary courage, resilience, and the human spirit's power to heal. With a 4.8-star rating from nearly 100 readers, this inspiring book is already touching lives and sparking conversations around trauma, recovery, and hope. The book is also translated into Spanish, Italian, and Romanian.

At the heart of *I Am Serena* lies an incredible true journey: after enduring unspeakable trauma, Serena's mind created over 300 personalities to survive. This memoir does not dwell on the graphic details of abuse but instead highlights her process of healing, integration, and spiritual awakening. It is a book written for survivors, seekers, and healers; anyone who has ever wondered if wholeness is possible after the darkest of beginnings.

"I Am Serena is more than a memoir; it's living proof that healing and integration can happen," Serena shares. *"It is my hope that my journey will encourage others to believe in their own possibility of wholeness."*



With themes of perseverance, faith, and the triumph of the human spirit, *I Am Serena* offers not only an unforgettable reading experience but also a message of hope for anyone navigating their own path to recovery.

About the Author

Serena-Faith Masterson is a writer, speaker, and advocate for trauma survivors. Through her personal story, she inspires readers and audiences to embrace the possibility of healing, transformation, and spiritual wholeness.

Availability: *I Am Serena* is available now in Print & Kindle Edition on Amazon.

Press Contact

 charlottomorganliterary@gmail.com  <https://tinyurl.com/327m4k8>

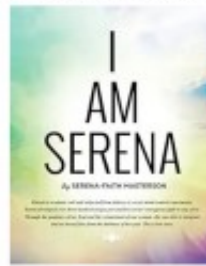


New Memoir I Am Serena by Serena-Faith Masterson Brings a Message of Survival, Healing, and Wholeness to Readers Worldwide

[United States] - In her groundbreaking memoir, *I Am Serena* (Print & Kindle Edition), Serena-Faith Masterson reveals a story of extraordinary courage, resilience, and the human spirit's power to heal. With a 4.8-star rating from nearly 100 readers, this inspiring book is already touching lives and sparking conversations around trauma, recovery, and hope. The book is also translated into Spanish, Italian, and Romanian.

At the heart of *I Am Serena* lies an incredible true journey: after enduring unspeakable trauma, Serena's mind created over 300 personalities to survive. This memoir does not dwell on the graphic details of abuse but instead highlights her process of healing, integration, and spiritual awakening. It is a book written for survivors, seekers, and healers; anyone who has ever wondered if wholeness is possible after the darkest of beginnings.

"I Am Serena is more than a memoir; it's living proof that healing and integration can happen," Serena shares. *"It is my hope that my journey will encourage others to believe in their own possibility of wholeness."*



With themes of perseverance, faith, and the triumph of the human spirit, *I Am Serena* offers not only an unforgettable reading experience but also a message of hope for anyone navigating their own path to recovery.

About the Author

Serena-Faith Masterson is a writer, speaker, and advocate for trauma survivors. Through her personal story, she inspires readers and audiences to embrace the possibility of healing, transformation, and spiritual wholeness.

Availability: *I Am Serena* is available now in Print & Kindle Edition on Amazon.

Press Contact

 charlottomorganliterary@gmail.com  <https://tinyurl.com/327m4k8>

Media Contact

Delight

*****@gmail.com

+234-9032868660

charlottomorganliterary@gmail.com

Source : Delightful Team

[See on IssueWire](#)