

New Book Offers an Anthem of Hope for Those Still Waiting



West Palm Beach, Florida Oct 21, 2025 ([Issuewire.com](https://www.issuewire.com)) - How Long to Sing This Song?

An Anthem of Hope for the Long Wait

By Ricardo A. Santiago, LMHC, MS, MBA, CCAT

BOOK OVERVIEW

In *How Long to Sing This Song? In An Anthem of Hope for the Long Wait*, therapist, musician, and storyteller Ricardo A. Santiago offers an intimate and inspiring reflection on faith, endurance, and the healing power of hope. Blending memoir, psychology, and music, Santiago writes to those who find themselves in life's in-between—waiting for healing, reconciliation, or redemption. Through stories inspired by songs, films, and personal experiences, he invites readers to find meaning and courage even when the melody seems to fade.

“This book is for anyone who’s ever prayed the same prayer for years, loved someone they couldn’t reach, or wondered if hope was still worth holding on to. It’s for those still in the waiting—the ones who haven’t given up.” — Ricardo A. Santiago

AUTHOR BIO

Ricardo A. Santiago, LMHC, MS, MBA, CCAT, is a licensed mental health counselor, clinical director at We Level Up in West Palm Beach, FL, and founder of Epic Adventures Therapy, an experiential wellness and corporate team-building company. With over two decades of experience as a therapist, educator, musician, and speaker, Santiago combines clinical insight with artistic expression to help others heal and grow. His work bridges the worlds of psychology, spirituality, and creativity—guiding readers to rediscover hope through honest storytelling and emotional truth.

BOOK HIGHLIGHTS

- A heartfelt exploration of faith, loss, and renewal through the lens of music and storytelling
- Essays inspired by iconic songs and films—from U2’s “40” to Good Will Hunting and The Road
- Integrates psychological insights, biblical wisdom, and personal experience to offer hope for anyone facing long seasons of waiting
- Written with authenticity, warmth, and a therapist’s perspective on growth and grace

MEDIA CONTACT

Release Date:

October 17, 2025

Available On:

Amazon

Amazon Link:

<https://a.co/d/dMN870l>

Email:

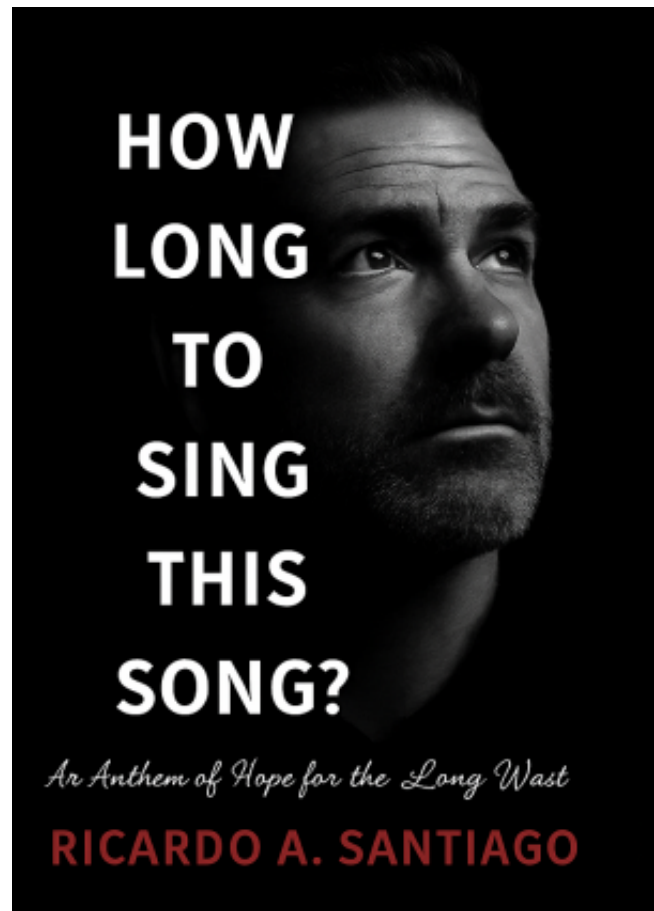
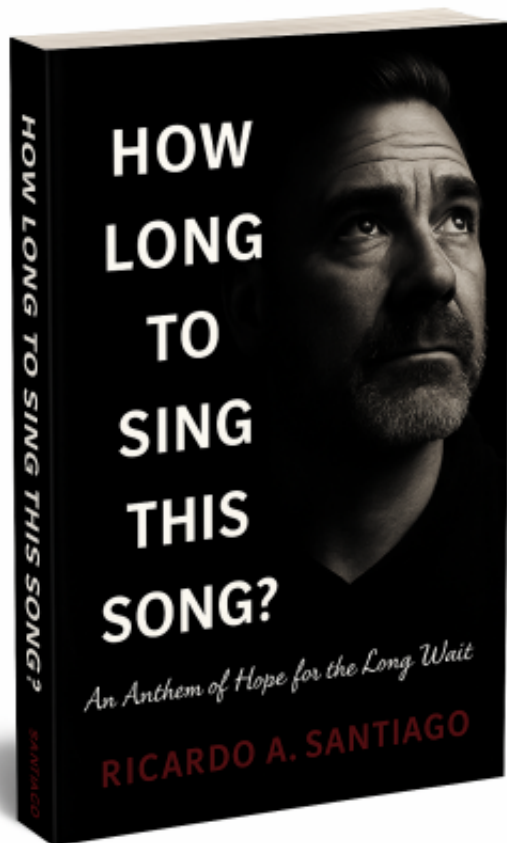
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