

Melinda Dworkin, RN: A Leader in Aesthetic Medicine and Patient-Centered Care

Cultivé Medical Aesthetics' Cosmetic Nurse Specialist Redefines Beauty and the Client Experience in San Diego



San Diego, California Oct 21, 2025 ([IssueWire.com](https://www.issuewire.com)) - Melinda Dworkin, RN, is a seasoned registered nurse who serves as the director of aesthetics at Cultivé Medical Aesthetics in San Diego, California. With a rich background in plastic surgery and medical aesthetics spanning over 15 years, she brings a wealth of knowledge and expertise to the esteemed clinic, further solidifying its commitment to providing exceptional aesthetic care.

Melinda began her professional journey in 2006 as a medical assistant in plastic surgery, where her dedication to the field ignited. She advanced her education by earning an Associate Degree in Nursing (ADN) from Grossmont College in 2009, equipping herself with the skills necessary to excel in nursing and aesthetics. Her early career was marked by a specialization in pre- and post-operative nursing care within facial plastic surgery. Melinda honed her skills in the operating room, where she assisted in a variety of procedures and immersed herself in mastering laser treatments and facial rejuvenation techniques.

As her passion for facial aesthetics grew, Melinda transitioned into the art of injections, developing a profound appreciation for facial anatomy. Her extensive experience observing and assisting in surgical procedures has enabled her to adopt an artistic, natural, and clinically sound approach to patient care. "Every interaction with my patients is an opportunity to enhance their confidence," Melinda remarked. "I believe in subtle improvements that empower individuals to feel their best."

In 2022, Melinda took on a new challenge as a clinical trainer for InMode Medical Devices, where she was responsible for educating fellow professionals on the latest advancements in aesthetic technology. This role allowed her to share her passion and knowledge while continuing to refine her skills.

Now, as the Director of Aesthetics at Cultivé Medical Aesthetics since 2024, Melinda is dedicated to elevating the clinic's reputation as San Diego's destination for thoughtful, expert-led aesthetic care. Cultivé Medical Aesthetics, founded by women with extensive experience in plastic surgery, beauty, and aesthetics, aims to create a meaningful experience for clients seeking to enhance their appearance. "We understand the pressures of appearance and the insecurities many carry," the clinic states on its website. "This space was built to honor that desire."

At Cultivé, Melinda is dedicated to fostering quality interactions with clients, ensuring that every individual receives personalized care tailored to their unique needs. Her excellent communication skills, discipline, and adherence to protocols create a welcoming environment where patients feel comfortable and valued.

In addition to her professional accomplishments, Melinda is committed to maintaining a balanced life as a devoted mother of two and a supportive spouse. She advocates for personal well-being and encourages her patients to prioritize their health and happiness.

With Melinda Dworkin at the helm of aesthetics, Cultivé Medical Aesthetics is set to continue its legacy as a leader in non-surgical treatments, offering a curated selection of scientifically backed services that work harmoniously with the skin's natural ability to renew and strengthen itself.

Learn More about Melinda Dworkin:

Through her online profile, <https://todaysnurse.org/nurse/4152100> or through Cultivé Medical Aesthetics, <https://cultivemedspa.com/melinda-dworkin/>

Media Contact

TodaysNurse

*****@todaysnurse.com

Source : Melinda Dworkin

[See on IssueWire](#)