

Kristin Hextall, DNP, MSN, APN, FNP-BC: Lead Provider at Limitless Men's Health & TRT

Transforming Health and Wellness Through Expertise in Functional and Anti-Aging Medicine



Cherry Hill, New Jersey Oct 21, 2025 ([Issuewire.com](https://www.issuewire.com)) - Limitless Men's Health & TRT proudly announces the continued dedication of Kristin Hextall, DNP, MSN, APN, FNP-BC, a highly respected Family Nurse Practitioner with almost 20 years of extensive healthcare experience. Kristin's dedication to patient-centered care, combined with her expertise in functional and anti-aging medicine, positions her as a vital asset to the Limitless team.

Kristin's extensive background encompasses a wide array of specialties, including hormone optimization, obesity medicine, preventive health, chronic disease management, and comprehensive care for both men and women. Her journey in healthcare is deeply rooted in her own experiences as a former professional and collegiate athlete, where she developed a profound understanding of the physical and mental demands of high performance. Inspired by her family's achievements in elite sports, Kristin has dedicated her career to helping others achieve their health and wellness goals.

With a strong foundation in traditional medicine, Kristin transitioned to functional medicine after recognizing its essential role in promoting true wellness. At Limitless Men's Health, she seamlessly integrates evidence-based strategies with holistic principles, empowering patients to make informed decisions, adopt sustainable lifestyle changes, and maintain optimal performance.

"I am passionate about transforming the lives of my patients," says Kristin. "My mission is to empower individuals to take control of their health through personalized treatment plans and continuous education, ultimately enhancing their quality of life and ability to excel in all areas."

Kristin's educational credentials are impressive, holding a Doctor of Nursing Practice (DNP) from the University of Scranton, a Master of Science in Nursing (MSN) from the same institution, and a Bachelor of Science in Nursing (BSN) from LaSalle University. These qualifications, coupled with her experience and unwavering dedication, enable her to provide exceptional care tailored to the unique needs of each patient.

At Limitless Men's Health, Kristin Hextall continues to build trust and foster positive relationships with her patients, proving that success in healthcare is not just about professional achievements but about the profound impact made on individuals' lives. Her commitment to delivering the highest standard of care is evident, and her presence will undoubtedly elevate the quality of service provided at Limitless Men's Health.

Learn More about Dr. Kristin Hextall:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/81991151-Kristin-Hextall-Family-Practitioner> or through Limitless Men's Health & TRT, <https://limitlessmenshealthandtrt.com/about/>

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FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

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Source : Dr. Kristin Hextall

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