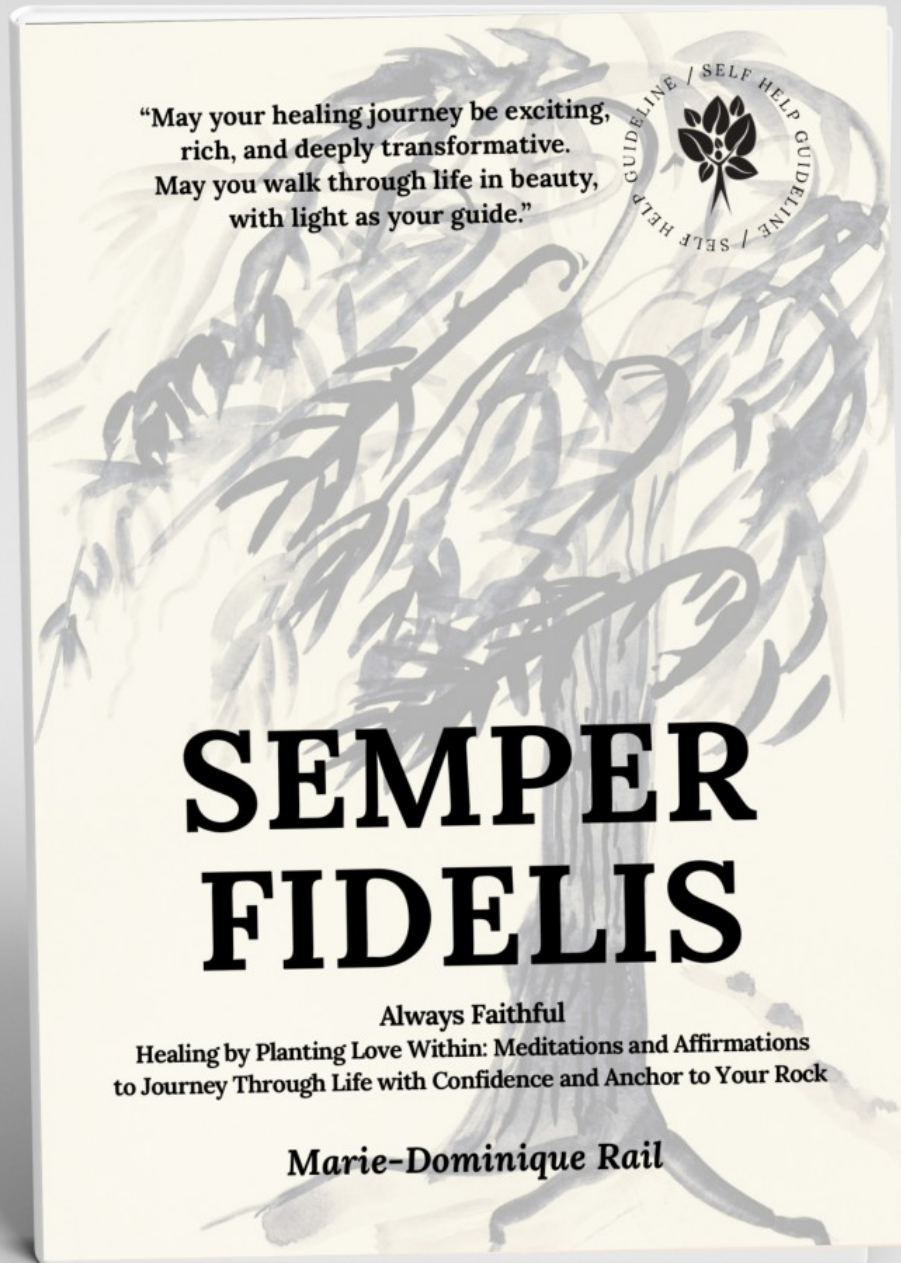


A Heart Reborn in Light – The Journey of Healing and Grace

Marie-Dominique Rail announces the release of her new book *Semper Fidelis – Always Faithful*, a heartfelt invitation to healing, faith, and divine love.



Daytona Beach, Florida Oct 20, 2025 ([IssueWire.com](http://www.IssueWire.com)) - In *"Semper Fidelis – Always Faithful,"* Marie-Dominique Rail Invites Readers on a Transformative Journey of Healing, Faith and Love

Book Release by Marie-Dominique Rail : *"Semper Fidelis – Always Faithful* Healing by Planting Love Within: Meditations and Affirmations to Journey Through Life with Confidence and Anchor to Your Rock

Daytona Beach, Florida — Author, musician, and intuitive healer Marie-Dominique Rail unveils her most intimate and transformative work to date: “Semper Fidelis – True to Oneself”, a luminous guide to meditation, relaxation, and spiritual reconnection.

This heartfelt book weaves together universal wisdom, guided meditations, affirmations, and authentic life stories — leading readers through a profound process of physical, emotional, and spiritual healing. Through her own remarkable journey of resilience and recovery following a bone marrow transplant and cancer diagnosis, Marie-Dominique shares a message of hope, love, and rebirth.

Her words remind us that even in our darkest moments, we can rise again — anchored in truth, peace, and the divine light within.

“Semper Fidelis – Always Faithful” is more than a book — it is a sacred experience of transformation and faith, a call to remain true to one’s essence and to reconnect with the healing power of love that dwells in every soul.

A Guide to Soothe the Mind and Open the Heart

The book offers:

- Guided meditations to calm the mind and awaken consciousness
- Empowering affirmations to strengthen faith, confidence, and self-love
- Deep reflections on resilience, gratitude, and the spiritual meaning of life
- Simple, accessible practices to nurture serenity and balance in daily life

About the Author

Marie-Dominique Rail is a Reiki Master, pianist, composer, author, and spiritual guide whose creations bridge the worlds of art, healing, and consciousness.

A cancer survivor, she embodies resilience and divine trust, inspiring others to find light through transformation.

Before dedicating her life to music and healing, Marie-Dominique spent 17 years as founder and executive chef of MCHEF, where she innovated in holistic gastronomy and wellness cuisine. She is also the author of three holistic cookbooks and the composer and producer of nine original music albums, all available on Amazon and major streaming platforms.

Since 2019, she has devoted her work to energy healing, Reiki, and spiritual teaching, offering meditative music and guidance that support inner peace and self-discovery.

Her journey continues to inspire those seeking healing, balance, and spiritual awakening through compassion, creativity, and divine love.

Availability

Semper Fidelis – Always Faithful is now available worldwide on [Amazon](#), in both **English** and **French editions**.

Press Contact

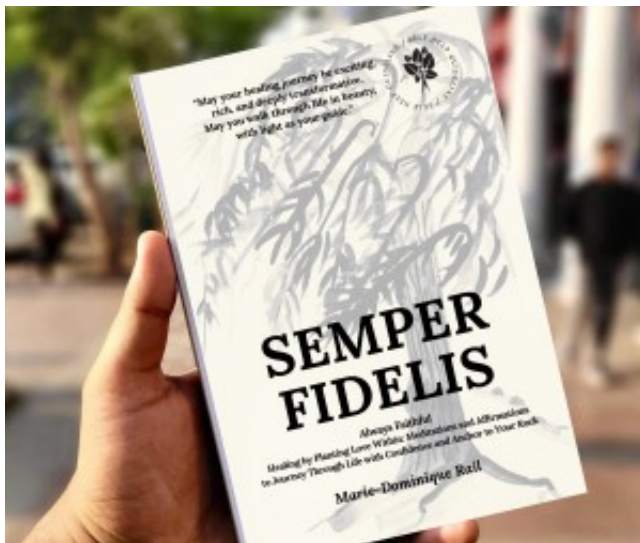
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Source : Marie-Dominique Rail – Reiki Master, Author & Composer

[See on IssueWire](#)

