

Yolanda Hammond Launches Wellness Ease: A New Frontier in Integrative Health Services

Innovative Registered Nurse Combines Acute Care Expertise with Holistic Wellness Approach to Empower Patients and Nurses Alike



Lawrence, Massachusetts Sep 2, 2025 ([IssueWire.com](https://www.issuewire.com)) - Yolanda Hammond, RN, BSN, an esteemed registered nurse with a wealth of experience in acute care, is thrilled to announce the launch of her new practice, Wellness Ease. This innovative venture aims to provide integrative and patient-centered health services that emphasize not only acute care but also preventative wellness and nutritional healing.

Hammond's educational background includes a Bachelor of Science in Nursing from Western Governors University, achieved in 2022, which has further enhanced her ability to apply evidence-based practices in her work. This academic foundation, her extensive clinical experience, along with her certification in nutrition and functional diagnostic nutrition studies from the Institute for Integrative Nutrition, position her uniquely to lead patients toward a healthier, more balanced lifestyle.

With over two decades of experience in high-acuity environments, Hammond has dedicated her career to frontline nursing, where she has excelled in delivering critical care during emergencies and acute cardiac patients. Her journey began in 1997 at New England Baptist Hospital and has evolved into a passion for holistic health and wellness, as she recognizes the importance of addressing the whole person—not just their immediate medical needs.

Hammond's commitment to nursing extends beyond patient care; she is also a devoted mentor to emerging healthcare professionals. She has played a pivotal role in guiding new nurses through the rigors of the Emergency Room and the Cardiac Unit, helping them develop the skills, confidence, and resilience essential for success in the demanding field. "I attribute my success to my unwavering love of nursing and my dedication to caring for individuals during their most critical times," said Hammond.

At Wellness Ease, Hammond envisions a sanctuary where patients and healthcare providers can collaborate to prioritize long-term health and wellness. By bridging the gap between acute care and preventative strategies, she aims to create an environment that fosters empowerment, support, and inspiration. The practice will offer a variety of services, including health assessments, wellness coaching, and educational resources tailored to individual needs.

Learn More about Yolanda Hammond:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/85024140-Yolanda-Hammond-Nurse>

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