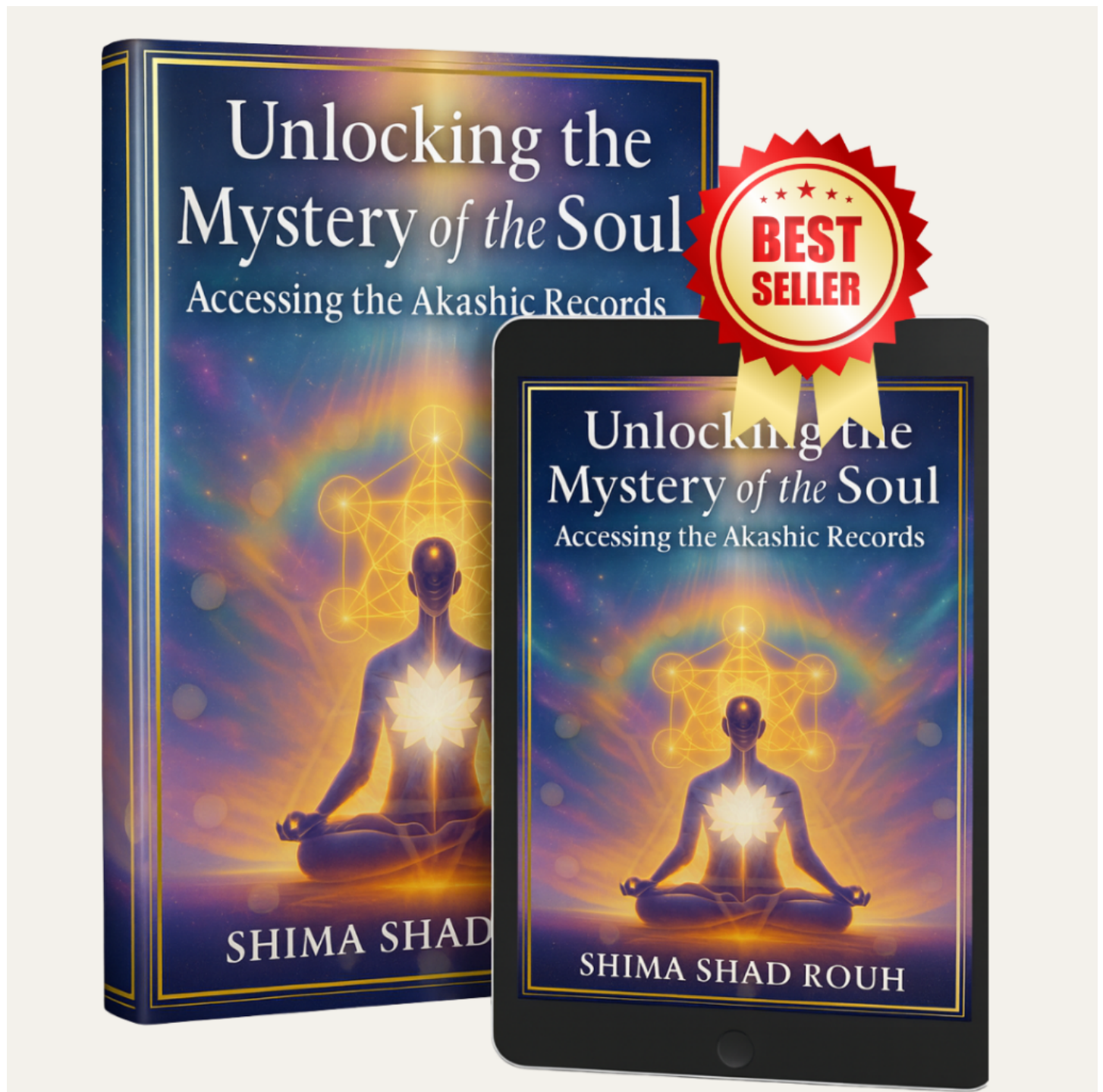


Unlocking the Mystery of the Soul Becomes #1 Amazon Bestseller in Religious Studies – Science & Religion



Marbella, Malaga Sep 15, 2025 (Issuewire.com) - Internationally acclaimed healer, teacher, and author **Shima Shad Rouh** has achieved a remarkable milestone with her latest book, *Unlocking the Mystery of the Soul: Accessing the Akashic Records*, which has officially reached **#1 on Amazon in Religious Studies – Science & Religion**, alongside top rankings in **New Age Divination with Prophecy (#2)** and **New Age Self-Help (#5)**.

The book, released worldwide on Amazon in paperback, hardback, and Kindle editions, invites readers on a transformative journey into the **Akashic Records**, often described as the “Book of Life.” Shima offers readers practical tools to:

- Access the Akashic Records safely and effectively
- Heal karmic patterns and release ancestral trauma
- Distinguish intuition from ego and divine guidance from the mind
- Explore reincarnation, free will, and soul contracts from a quantum perspective
- Align daily life with unconditional love and higher purpose

Blending **quantum physics, ancient spiritual texts, and decades of soul healing practice**, Shima bridges science and spirituality to explain how the energetic imprint of every thought, word, and action can be accessed to bring clarity, healing, and transformation. She also references the work of pioneers such as **Dolores Cannon** and **Michael Newton**, offering fresh insights into regression, past lives, and soul journeys from an Akashic perspective.

"The Akashic Records are not outside of you—they are the vibration of your soul, waiting for you to listen," says Shima Shad Rouh. *"This book is more than knowledge; it's a living transmission designed to help you remember who you truly are."*

Unlocking the Mystery of the Soul is already being recognized as a powerful guide for seekers of spiritual wisdom, energy healing, and soul remembrance.

The Kindle version is currently available as a **free download until September 17, 2025**, as part of Shima's contribution to raising global consciousness.

Order the book here: [Amazon Link](#)

About the Author

Shima Shad Rouh is an international spiritual teacher, healer, and author whose work bridges ancient wisdom with modern consciousness. Known for her groundbreaking healing modality, Shimana Quantum Code™, she has supported individuals and communities worldwide in awakening to their soul's potential.

Born in Iran and shaped by a life of resilience, mystical experiences, and a deep calling to serve humanity, Shima carries a unique ability to connect with the unseen realms and translate them into practical tools for transformation.

Her bestselling books, *Infinite Love* and *The Shimana Quantum Code*, have inspired readers across the globe to step into their truth. With *Unlocking the Mystery of the Soul*, she invites you to enter the Akashic Records and reclaim the wisdom, freedom, and love that have always been yours.

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