

The Regenerative Lower Extremity Institute Expands to Puerto Rico, Bringing Advanced Healing for Lower Leg Conditions



Bayamon, Puerto Rico Sep 11, 2025 ([Issuewire.com](https://www.issuewire.com)) - [The Regenerative Lower Extremity Institute](#), a leader in [regenerative medicine](#) for foot, ankle, and lower leg conditions, proudly announces its expansion to Puerto Rico. Building on its established presence in Ohio and Chicago, the Institute will now extend its innovative, patient-focused care to patients throughout Puerto Rico- offering new hope for those suffering from lower extremity pain and injuries.

Operating within clinics and surgical sites across Ohio and Chicago, including Mentor, Westlake, Parma, the Toledo Clinic, Cleveland Orthopedic and Spine Institute, Ascension Saint Joseph Hospital, and the Chicago Foot & Ankle Deformity Correction Center, the Institute has already helped countless patients overcome chronic pain, tendon injuries, arthritis, and nerve conditions using cutting-edge regenerative therapies. With its collaboration in Bayamón, Puerto Rico, patients will have direct access to the same leading expertise, advanced regenerative options, and outcomes-driven care.

The Puerto Rico clinic is led by Dr. Edmond Medina Hernández at:
Ave. Magnolia P-12, Bayamón, PR 00956 **1 (833) REGEN-4-U**

The Institute specializes in a wide range of lower extremity conditions, including:

- Chronic foot and ankle pain
- Tendon and ligament injuries
- Arthritis and cartilage damage
- Bone fractures and non-unions
- Nerve injuries and neuropathic pain
- Plantar fasciitis

Patients benefit from advanced regenerative procedures such as Peptide Therapy, Platelet-Rich Plasma (PRP), and Stem Cell Therapy- therapies designed to harness the body's natural healing capacity.

"Expanding into Puerto Rico marks an important chapter in our mission to bring regenerative solutions where they are needed most," said Dr. Stephen Frania, board-certified foot and ankle surgeon and founder of the Institute. "We are proud to provide patients with innovative alternatives when standard care falls short, offering the best chance to heal, restore mobility, reduce the need for surgery, and accelerate recovery time."

Regenerative medicine offers significant advantages compared to traditional care. Patients often experience faster recovery times, enhanced bone and tissue repair, and fewer complications. PRP and stem cell treatments may stimulate regrowth of hyaline-like cartilage, delay arthritis progression, and improve overall joint function. For nerve injuries, regenerative therapies have shown the ability to stimulate nerve healing, reduce neuropathic pain, and improve long-term outcomes without reliance on ongoing medication.

"My vision has always been to deliver excellent, ethical, and outcomes-driven regenerative care to Puerto Rico's vibrant, diverse community. With this collaboration, I can build on the care I've already provided in Puerto Rico, offering patients advanced regenerative therapies and the resources of a world-class institute," said Dr. Edmond Medina Hernández.

Safety remains at the forefront of all treatments. Most procedures utilize the patient's own biological materials- minimizing risks of allergic reaction or rejection- and are carried out under strict safety protocols. Patients may also use Health Savings Accounts (HSA) and Flexible Spending Accounts

(FSA) to cover eligible expenses.

For more information or to schedule a consultation at one of the Institute's locations in Ohio, Chicago, or Puerto Rico, please visit RegenerativeLowerExtremity.com or call **1 (833) REGEN-4-U**

About the Regenerative Lower Extremity Institute

The Institute is dedicated to advancing [regenerative medicine for foot, ankle, and lower leg conditions](http://RegenerativeLowerExtremity.com). With a patient-centered approach and state-of-the-art therapies, the Institute is transforming lives across Ohio, Chicago, and now Puerto Rico. The Regenerative Lower Extremity Institute takes a comprehensive approach, addressing the causes of illness. The goal is to increase mobility and offer long-lasting relief.



Media Contact

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