

Reconnecting Jayne by Teresa Shields Parker — A Novel of Redemption and Reunion

TERESA SHIELDS PARKER

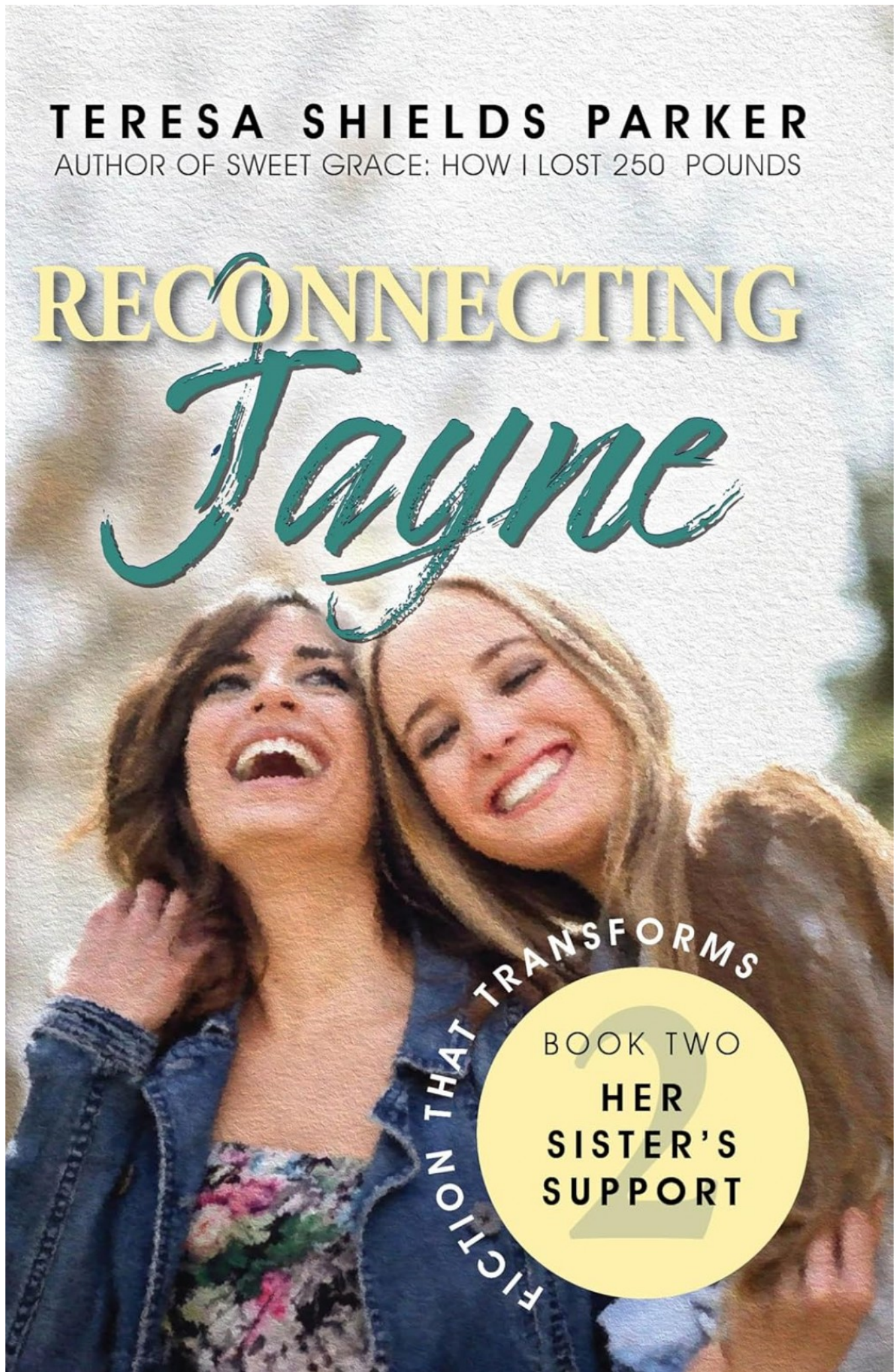
AUTHOR OF SWEET GRACE: HOW I LOST 250 POUNDS

RECONNECTING *Twyne*

FICTION THAT TRANSFORMS

BOOK TWO

HER
SISTER'S
SUPPORT



Columbia, Missouri Sep 26, 2025 ([Issuewire.com](https://www.issuewire.com)) - Acclaimed author Teresa Shields Parker returns with her latest novel, *Reconnecting Jayne: Her Sister's Support*, a moving story of faith, family, and rediscovery. This book continues the journey that began in *Rebuilding Jayne*, following the struggles and triumphs of a woman learning to embrace healing, forgiveness, and her true calling.

Set against a backdrop of personal and generational wounds, the story centers on Jayne as she faces the weight of leadership while searching for her long-lost sister, Layne. The novel brings readers into a deeply emotional space, showing how God can mend even the most broken relationships and restore what was thought to be lost forever.

A Story that Rings True

Jayne's journey is not just about reconnecting with her sister; it is also about reconnecting with herself and her faith. Parker takes readers through Jayne's challenges as she navigates questions of identity, responsibility, and trust in God. Through these struggles, Jayne discovers that transformation often requires surrender, persistence, and the courage to let go of fear.

One of the most striking elements of the book is how it intertwines personal growth with community building. Jayne and her mother, Sophia, begin shaping Hannah's House, a haven for new mothers. This new chapter in their lives reflects the novel's central theme: healing extends beyond the individual, reaching into the lives of those around us.

More than Just Fiction

Although *Reconnecting Jayne* is a novel, its heart comes from Parker's own life. Having once weighed 430 pounds, Parker lost 250 pounds by confronting her addiction to sugar and surrendering the struggle to God. That personal transformation breathes authenticity into her fiction, giving the characters a sense of lived reality.

Through Jayne's story, Parker invites readers to consider how faith can spark change in unexpected ways. Her message is clear: no matter how deep the hurt or how long the separation, reconnection is possible when grace leads the way.

The Vision behind the Series

Parker has described her novels as "Fiction That Transforms." Each book is designed not only to tell a story but also to reflect the truth that God can use ordinary people to accomplish extraordinary things. *Reconnecting Jayne: Her Sister's Support* captures this vision fully.

From a suspenseful search for Layne to Jayne's evolving role as a leader, the novel is layered with the real struggles of doubt, fear, and faith. Parker's storytelling weaves these elements into a narrative that is both engaging and spiritually uplifting. Readers come away not only entertained but encouraged to reflect on their own lives.

Author Biography

Teresa Shields Parker is an award-winning journalist, bestselling author, and sought-after speaker. She has published twelve books in twelve years, including ten nonfiction titles focused on overcoming sugar addiction and pursuing health through faith. Her memoir, *Sweet Grace: How I Lost 250 Pounds*, rose to the top of Amazon's Christian weight loss category and remains a cornerstone of her work.

Through her writing and coaching, Parker has inspired countless readers to embrace the process of transformation. Her nonfiction "Sweet Series" addresses the realities of food addiction with honesty and compassion, while her fiction offers a fresh avenue for exploring how faith intersects with everyday struggles. *Reconnecting Jayne* continues that mission, blending story and spiritual truth in a way that resonates with readers of all backgrounds.

Availability & Contact

Reconnecting Jayne: Her Sister's Support is now available on the official website, Amazon, and other online platforms in multiple formats; paperback, hardcover, e-Book. Follow the listed channels below to stay up to date with any exciting news and events regarding the author's literary journey:

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