

Rachana Shukla, MD: A Community-Centric Internal Medicine Physician Committed to Holistic Care in New Rochelle

Providing Compassionate, Whole-Person Care to the Westchester Community



New Rochelle, New York Sep 16, 2025 ([IssueWire.com](https://www.IssueWire.com)) - Rachana Shukla, MD, a dedicated internal medicine physician and a second-generation practitioner, is making a significant impact in her hometown of New Rochelle, New York, through her private practice, Shukla Medical Services, PLLC. With a strong emphasis on time, trust, and presence, Dr. Shukla prioritizes a relationship-based, holistic approach to healthcare, ensuring that her patients receive the individualized care they deserve.

Dr. Shukla offers a comprehensive range of adult primary care services, including wellness exams, sick visits, and vaccinations. Her patient-centered philosophy is evident in her meticulous attention to detail, as she tailors her medical care to meet the unique health needs of each individual. "I believe in treating the whole person, not just the illness," says Dr. Shukla. "Building a trusting relationship with my patients is essential for effective healthcare."

Dr. Shukla earned her Bachelor of Science Degree in Biology from the University of Albany before pursuing her Bachelor of Medicine, Bachelor of Surgery Degree from DY Patil University in India in 1999. After laying the groundwork for her medical career, she completed her residency in internal medicine at Sound Shore Medical Center of Westchester, now Montefiore New Rochelle Hospital, from 2010 to 2013. Her extensive training and experience have established her as a knowledgeable and trusted physician, devoted to putting patient care at the forefront of her practice.

In addition to her private practice, Dr. Shukla is affiliated with Montefiore New Rochelle Hospital, where she upholds the highest standards of clinical excellence. As a member of the American College of Physicians, New York Chapter, and the American Medical Association, she remains committed to staying abreast of advancements in the medical field.

A profound influence on Dr. Shukla's journey into medicine was her father, a physician and humanitarian, whose legacy of compassion and service continues to inspire her. Among her recent accolades is recognition in the Excellence in Internal Medicine 2025 Global Directory of Who's Who, underscoring her commitment to excellence in healthcare. Additionally, Dr. Shukla is actively involved in philanthropic endeavors, including her support for the Eye Foundation of America.

Learn More about Dr. Rachana Shukla:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/1205118-Rachana-Shukla-Internist>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept their insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

*****@yourhealthcontact.com

Source : Dr. Rachana Shukla

[See on IssueWire](#)