

Legendary Mitchell-Hedges Crystal Skull Arrives in Beverly Hills for Rare Kundalini Meditation Workshop

The quartz artifact that inspired Spielberg's *Indiana Jones and the Kingdom of the Crystal Skull* will be featured in a rare meditation workshop on Sept.20



Beverly Hills, California Sep 15, 2025 ([Issuewire.com](https://www.issuewire.com)) - The **legendary Mitchell-Hedges Crystal Skull** — the quartz artifact that inspired Steven Spielberg's 2008 film *Indiana Jones and the Kingdom of the Crystal Skull* — will feature prominently in a rare Kundalini yoga, meditation and gong workshop at [Babage Beverly Hills](#) on Saturday, Sept. 20, 2025, at 11 a.m. PDT.

Often described as a cosmic transmitter, the Mitchell-Hedges Skull is revered across mystical traditions as a vessel of memory, love and healing. For decades, seekers from around the globe have traveled to experience its presence, reporting profound shifts of awareness, heart-opening clarity and transformative energetic transmission.

“The Mitchell-Hedges Skull is a living enigma,” said Harijiwan, founder of [Gobind Institute](#). “To meditate with it is to step into a different dimension of self.”

Renowned Kundalini yoga teachers Harijiwan and Mandev of Gobind Institute will guide participants through breathwork, movement, meditation and gong sound, opening a deep energetic space amplified by the Skull’s extraordinary frequency.

“This workshop is a meeting point of mystery and destiny,” said Mandev, CEO of *Gobind Institute*. “The Skull amplifies the meditative state in a way words cannot capture.”

Event Details

- **What:** Kundalini yoga, meditation and gong workshop featuring the Mitchell-Hedges Crystal Skull
- **When:** Saturday, Sept. 20, 2025, at 11 a.m. PDT
- **Where:** Babage, Beverly Hills, California + online (live and replay)
- **Tickets:** \$90 in advance / \$100 day of

About the Mitchell-Hedges Skull

The Mitchell-Hedges Crystal Skull is carved from a single block of clear quartz with a precision that continues to defy modern explanation. Widely regarded as one of the most enigmatic artifacts in existence, it has been honored as a keeper of cosmic memory and prophecy. Its mystique captured worldwide attention when Spielberg centered it in *Indiana Jones and the Kingdom of the Crystal Skull* (2008), blending pop culture with an artifact long celebrated in mystical traditions.

About Gobind Institute

Gobind Institute, located in the renowned Babage building in Beverly Hills, is a premier yoga and wellness center dedicated to elevating consciousness and cultivating radiance. Through Kundalini-inspired practices, sound-healing gong concerts, teacher-training programs, and cosmic workshops, the Institute blends ancient yogic wisdom with modern luxury. Programs are offered both in person and online, making Gobind Institute’s transformative teachings accessible to a global community.





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