Legendary Mitchell-Hedges Crystal Skull Arrives in Beverly Hills for Rare Kundalini Meditation Workshop

The quartz artifact that inspired Spielberg's Indiana Jones and the Kingdom of the Crystal Skull will be featured in a rare meditation workshop on Sept.20



Beverly Hills, California Sep 15, 2025 (<u>Issuewire.com</u>) - The legendary Mitchell-Hedges Crystal Skull — the quartz artifact that inspired Steven Spielberg's 2008 film *Indiana Jones and the Kingdom of the Crystal Skull* — will feature prominently in a rare Kundalini yoga, meditation and gong workshop at <u>Babage Beverly Hills</u> on Saturday, Sept. 20, 2025, at 11 a.m. PDT.

Often described as a cosmic transmitter, the Mitchell-Hedges Skull is revered across mystical traditions as a vessel of memory, love and healing. For decades, seekers from around the globe have traveled to experience its presence, reporting profound shifts of awareness, heart-opening clarity and transformative energetic transmission.

"The Mitchell-Hedges Skull is a living enigma," said Harijiwan, founder of <u>Gobind Institute</u>. "To meditate with it is to step into a different dimension of self."

Renowned Kundalini yoga teachers Harijiwan and Mandev of Gobind Institute will guide participants through breathwork, movement, meditation and gong sound, opening a deep energetic space amplified by the Skull's extraordinary frequency.

"This workshop is a meeting point of mystery and destiny," said Mandev, CEO of *Gobind Institute*. "The Skull amplifies the meditative state in a way words cannot capture."

Event Details

- What: Kundalini yoga, meditation and gong workshop featuring the Mitchell-Hedges Crystal Skull
- When: Saturday, Sept. 20, 2025, at 11 a.m. PDT
- Where: Babage, Beverly Hills, California + online (live and replay)
- Tickets: \$90 in advance / \$100 day of

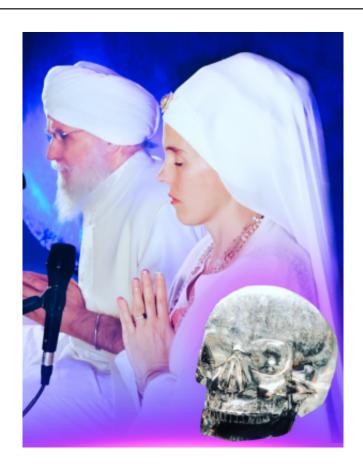
About the Mitchell-Hedges Skull

The Mitchell-Hedges Crystal Skull is carved from a single block of clear quartz with a precision that continues to defy modern explanation. Widely regarded as one of the most enigmatic artifacts in existence, it has been honored as a keeper of cosmic memory and prophecy. Its mystique captured worldwide attention when Spielberg centered it in Indiana Jones and the Kingdom of the Crystal Skull (2008), blending pop culture with an artifact long celebrated in mystical traditions.

About Gobind Institute

Gobind Institute, located in the renowned Babage building in Beverly Hills, is a premier yoga and wellness center dedicated to elevating consciousness and cultivating radiance. Through Kundalini-inspired practices, sound-healing gong concerts, teacher-training programs, and cosmic workshops, the Institute blends ancient yogic wisdom with modern luxury. Programs are offered both in person and online, making Gobind Institute's transformative teachings accessible to a global community.





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Source: Gobind Institute

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