

Kellyann Langdon, MA, LMHC, PLLC, Empowers Clients Through Holistic, Trauma-Informed Therapy

Licensed Mental Health Counselor Combines Extensive Experience and Compassionate Care in Newton Centre, MA



Newton, Massachusetts Sep 30, 2025 ([IssueWire.com](https://www.issuewire.com)) - Kellyann Langdon, MA, LMHC, PLLC, a seasoned mental health counselor, leads Therapeutic Healing Services in Newton Centre, Massachusetts, offering both in-person and telehealth counseling. With more than 14 years of professional experience, Langdon helps clients break free from entrenched emotional patterns, trauma responses, and relational struggles through an integrative, client-centered approach.

Ms. Langdon earned her Master of Arts in Counseling from Lesley University in 2010 and holds Advanced Professional Certifications in Holistic Studies and Trauma-Informed Treatment. Her private practice began in 2014, and since then, she has worked extensively with children, adolescents, adults, and families in crisis. She leverages modalities such as cognitive behavioral therapy (CBT), dialectical behavior therapy (DBT), energy-based techniques, and somatic processing—all tailored to each client's unique needs and preferences.

At Therapeutic Healing Services, Langdon focuses on issues including trauma, PTSD, relationship dynamics, codependency, grief, and emotional stuckness. She provides a safe space for exploration and change, helping clients uncover what no longer serves them, release emotional burdens, and cultivate new pathways for growth. She also offers a free 15-minute consultation to help prospective clients determine fit and direction.

Outside her clinical work, Langdon practices holistic healing, and she holds a specialized certification in existential-psychoanalytic therapy and is trained in energy and integrative techniques such as la chiara method and other spiritual modalities. Her work honors the union of mind, body, and spirit, and emphasizes empowerment, trust, and sustainable transformation.

For individuals seeking a compassionate, experienced therapist who treats emotional healing as a holistic journey, Kellyann Langdon delivers interventions to support lasting personal growth. Whether confronting life transitions, trauma, or relational challenges, clients can expect a therapeutic experience grounded in empathy, professionalism, and evidence-based practice.

Learn More about Kellyann Langdon, MA, LMHC, PLLC:

Through her <https://www.findatopdoc.com/doctor/85024342-Kellyann-Langdon-Counselor-Therapist>

or through <https://counselorandhealer.com/about-me/>.

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