

Kayla Parker, BSN, RN: Critical Care Registered Nurse in Trauma, Surgical Trauma, and Neuro Care

Championing Critical Care at Spartanburg Regional Healthcare System



Charlotte, North Carolina Sep 18, 2025 ([IssueWire.com](https://www.issuewire.com)) - Spartanburg, North Carolina – Spartanburg Regional Healthcare System proudly recognizes Kayla Parker, BSN, RN, for her exemplary role as a Critical Care Registered Nurse at the organization's Level 1 trauma center. With a specialization in trauma, surgical trauma, and neuro care, Kayla exemplifies the dedication and expertise required to provide exceptional care to critically ill patients.

As an integral part of the Spartanburg Regional Healthcare System, Kayla collaborates with a diverse interprofessional team to deliver high-quality, patient-centered care. Her responsibilities encompass a wide range of critical care activities, including the management of advanced lines such as arterial lines and central venous catheters (CVCs), as well as handling complex systems like Jackson-Pratt (JP) drains, ventricular and lumbar drains, and wound vac systems. Additionally, she plays a crucial role in managing chest tubes and ventilator settings, ensuring optimal outcomes for her patients.

Her expertise extends to the administration and titration of vasoactive medications, sedation, and paralytics, as well as conducting thorough hemodynamic monitoring to assess and manage complex patient conditions. Kayla is diligent in maintaining accurate clinical documentation, which is vital for ensuring continuity of care in a high-pressure environment.

Transitioning into nursing after 11 years in the dental field, Kayla graduated as Valedictorian from an accelerated BSN program at South College in 2022. Since then, she has quickly advanced in her career, taking on roles as a preceptor, charge nurse, and a valued member of the Rapid Response Team. Her professional qualifications are further bolstered by certifications in BLS, ACLS, and NIHSS.

Kayla's passion for nursing education shines through in her role as an Adjunct Clinical Instructor at Spartanburg Community College, where she teaches critical care nursing clinicals. In this capacity, she supports new graduate nurses in their transition into critical care, fostering the next generation of healthcare providers.

Kayla credits her success to the unwavering support of her colleagues and the exceptional education and training provided by Spartanburg Regional Healthcare System, both of which have sharpened her skills and fueled her professional growth.

As Kayla Parker continues to excel in critical care nursing, she remains dedicated to providing exceptional patient care, mentoring new nurses, and advancing her expertise in the field.

Learn More about Kayla Parker:

Through her online profile, <https://todaysnurse.org/nurse/4152030>

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Source : Kayla Parker

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