

Ilse I. Gevaert: Psychologist, Coach, and Neurodiversity Advocate Empowering Change Worldwide

From Miami Beach to a Global Stage, Ilse Inspires Resilience, Self-Acceptance, and Lasting Growth



Miami, Florida Sep 17, 2025 ([IssueWire.com](https://www.IssueWire.com)) - Ilse I. Gevaert, founder of IG Coaching & Consulting LLC, is redefining coaching and consulting through her compassionate, evidence-based, and neuro-inclusive approach. Based in Miami Beach, Florida, Ilse delivers online sessions worldwide, helping individuals and organizations foster resilience, well-being, and authentic growth.

A psychologist, coach, creative soul, and dedicated neurodiversity advocate, Ilse has made it her mission to support people in turning challenges into fuel and rewriting their stories. She specializes in neurodiversity (ADHD, Autism, giftedness, twice-exceptionality), trauma recovery, creative growth, resilience, and leadership. Drawing from her academic background, professional expertise, and lived experiences, she provides practical tools and strategies that empower her clients to thrive, not just survive.

At IG Coaching & Consulting LLC, Ilse offers:

- One-on-One Coaching: Neurodiversity & 2e, Trauma Recovery, Creative Coaching, and Resilience Training
- Consulting & Executive Coaching: Leadership Growth, Stress & Burnout Prevention, Neurodiversity Workshops, and Keynotes/Retreats

“Whether you’re a visionary, a sensitive soul, or someone who has always felt a little different, this is a space where you belong,” says Ilse. “You don’t need to ‘fix’ who you are. Instead, let’s build around your strengths and help you show up fully—in your work, your art, or your relationships.”

Born and raised in Belgium, Ilse overcame personal challenges, including being born without her left arm—an experience that instilled adaptability, creativity, and resilience. Alongside her professional achievements, she is also a singer-songwriter who deeply understands the sensitivity and passion that often accompany creative and neurodiverse individuals.

Ilse’s educational journey includes a Master’s Degree in Psychology from Ghent University (2003), followed by advanced executive education at Cornell University (*Women in Leadership*, 2024) and Harvard Business School (*Leadership and Management*, 2025). This blend of psychology and leadership training informs her unique approach to coaching, executive consulting, and organizational growth.

Ilse is also a published author, with recent work including “Bridging Two Worlds: A Guide to Supporting Twice-Exceptional Children” (SENG Gifted, April 14, 2025). Her impact extends far beyond professional training, reflecting a deep belief in self-acceptance, resilience, and authentic connection. Through both her lived experience and professional expertise, Ilse I. Gevaert continues to empower individuals and organizations to create meaningful, lasting change.

Learn More about Ilse I. Gevaert:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/85024086-Ilse-Gevaert-Health-and-Wellness-Coach> or through her website, <https://resilientminds.blog/>

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Source : Dr. Ilse I. Gevaert

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