

Dr. Valerie Daverio, AP, D.O.M.,Dipl.Ac. (NCCAOM): Championing integrative acupuncture & functional medicine in Sarasota

**Veteran Practitioner Offers Holistic Healing by Bridging Traditional Chinese Medicine and
Modern Wellness Approaches**



Sarasota, Florida Oct 2, 2025 ([IssueWire.com](https://www.issuewire.com)) - Dr. Valerie Daverio, AP, D.O.M., Dipl. Ac. (NCCAOM), brings over two decades of experience in acupuncture and functional wellness to the Sarasota region through her practice, Daverio Functional Medicine & Acupuncture. Located in Sarasota, her clinic delivers comprehensive, integrative care that combines traditional Chinese medicine, advanced diagnostics, and personalized treatment protocols to help patients heal at the root level.

A dedicated practitioner since 2002, Dr. Daverio has built her practice on the philosophy that true health emerges from balancing body, mind, and environment. At Daverio Functional Medicine & Acupuncture, she offers a comprehensive range of services, including acupuncture, herbal medicine, functional lab testing, microneedling, cosmetic acupuncture (Mei Zen), nutritional counseling, and therapeutic modalities such as cupping. Each patient's care is tailored to address underlying imbalances rather than simply suppressing symptoms.

Dr. Daverio treats conditions that span chronic pain, inflammation, digestive disorders, thyroid and autoimmune challenges, stress, fatigue, skin issues such as melasma or acne scarring, and more. Her approach integrates Eastern and Western diagnostics—such as functional bloodwork, food sensitivity panels, and microbiome analysis—to refine care plans with precision. Her goal is to foster long-term wellness by moving beyond episodic treatment into sustained health transformation.

In addition to her clinical role, Dr. Daverio is deeply committed to education and mentoring. She has served as an adjunct professor and clinical instructor, guiding aspiring acupuncturists and holistic health professionals. Her work emphasizes evidence-based practices and patient empowerment, helping clients understand how lifestyle, diet, and environment influence health.

Dr. Valerie Daverio continues to welcome new patients to her Sarasota clinic, where healing is anchored in compassion, expertise, and integrative methodology. Her practice mission—"Eastern medicine meets modern wellness"—reflects her vision of holistic care accessible to all.

Learn More about Valerie Daverio, AP, D.O.M., Dipl. Ac. (NCCAOM):

Through her <https://www.findatopdoc.com/doctor/725468-Valerie-Daverio-Acupuncturist>

or through <https://daveriohealth.com/about-us/>.

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Media Contact

Your Health Contact

*****@yourhealthcontact.com

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