

# **Dr. Muriam Cinevert's Girl, Just Show Up Heads to Ghana for the High Tea Women's Conference**

**Empowering Women in Ghana with Confidence, Advocacy, and Laughter — A Transformational Experience You Won't Want to Miss**



**Atlanta, Georgia Sep 17, 2025 ([IssueWire.com](https://www.issuewire.com))** - Dr. Muriam Cinevert's *Girl, Just Show Up* Heads to Ghana for the High Tea Women's Conference Joined by Autism Advocate Dr. Shaneque Metellus and Actress/Comedian Schelle Purcell (of Tyler Perry's latest movie *Straw*) — September 21, 2025

International speaker, media personality, and author **Dr. Muriam Cinevert** will bring the empowering message of her latest book, ***Girl, Just Show Up***, to Ghana as a featured speaker at the **High Tea Women's Conference**, hosted by **Rain Foundations**. Sharing the stage with her are **Dr. Shaneque Metellus**, a passionate autism advocate, and **Schelle Purcell**, acclaimed actress and comedian known for her role in Tyler Perry's latest movie, *Straw*. Together, this dynamic trio will deliver a high-energy experience designed to inspire, equip, and celebrate women across Ghana and beyond.

"*Girl, Just Show Up* is more than a mantra—it's a movement," said Dr. Cinevert. "When we show up, we unlock doors for ourselves and for everyone watching. Ghana, I'm ready to show up with you."

#### What Attendees Can Expect

- **Keynotes & Conversations** rooted in confidence, courage, and calling
- **Inclusion & Advocacy** insights with Dr. Shaneque Metellus on embracing neurodiversity and building supportive communities
- **Storytelling & Laughter** with Schelle Purcell on owning your voice, creativity, and stage presence
- **Networking & Recognition** as Rain Foundations honors women creating meaningful impact

#### About the Book

***Girl, Just Show Up*** distills Dr. Cinevert's signature framework for stepping through fear, turning purpose into action, and leading with faith and inner power. With practical steps, reflective prompts, and a bold call-to-action, the book equips readers to move from hesitation to momentum.

**Purchase the Book:** *Girl, Just Show Up* is available now at **Amazon.com**.

**Speaker & Media Bookings:** For interview requests, appearances, or tour dates, email **Natasha Loverly** at [trueselfmag@gmail.com](mailto:trueselfmag@gmail.com).

#### About Dr. Muriam Cinevert

Dr. Muriam Cinevert is a motivational specialist, author, host of *The Muriam Cinevert Show*, and founder of the True Self movement. Through books, media, and live events, she champions confidence, faith, and inner power—inviting audiences everywhere to "show up" and shine.

#### About Dr. Shaneque Metellus

Dr. Metellus is an autism advocate and educator dedicated to advancing inclusion, awareness, and support for individuals on the spectrum and their families.

#### About Schelle Purcell

Schelle Purcell is an actress and comedian featured in Tyler Perry's latest movie, *Straw*. She uses humor and heart to empower audiences to own their stories—on stage and off.

Ghana, get ready—**September 21, 2025** is your day to *show up*.

**Buy the book:** Amazon.com

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