

Dr. Marian Oppenheimer: A Beacon of Mental Health Support in Brentwood, Los Angeles

Experienced Psychologist Offers Comprehensive Care and Compassionate Support for Those Affected by Mental Health Challenges and Recent Local Disasters



Los Angeles, California Sep 2, 2025 ([Issuewire.com](https://www.Issuewire.com)) - Dr. Marian Oppenheimer, a seasoned

psychologist with over thirty years of clinical experience, continues to provide essential mental health services at Wellpeople, a holistic healing center in Brentwood, Los Angeles. As a licensed psychologist in both California and New York, Dr. Oppenheimer specializes in treating a diverse range of psychological concerns, including depression, anxiety disorders, bipolar disorders, and trauma, including PTSD.

In light of the recent devastating fires impacting the Pacific Palisades and surrounding areas, Dr. Oppenheimer's expertise is particularly valuable. As a displaced resident of the Pacific Palisades herself, she understands the emotional toll these events can have on individuals and families. Her practice is committed to offering support and guidance to those affected, helping them navigate their feelings and find paths toward healing.

Dr. Oppenheimer employs an eclectic approach to therapy, crafting individualized treatment plans tailored to each patient's unique needs. She utilizes evidence-based practices, including Cognitive Behavioral Therapy (CBT), which focuses on reshaping negative thought patterns and behaviors; Humanistic Therapy, which emphasizes personal growth and subjective experiences; and Family Systems theory, which views family dynamics as interconnected emotional systems. This integrative style allows her to address the complexities of each patient's situation effectively.

At Wellpeople, Dr. Oppenheimer offers flexible therapy options to accommodate her clients' needs, including in-person sessions, TeleHealth services for residents in California and New York, and at-home visits for those on the Westside of Los Angeles. Her patient-centered approach reflects her unwavering commitment to accessibility, comfort, and continuity of care.

Dr. Oppenheimer holds a Ph.D. in Psychology from the University of Texas at Austin, where she was recognized as a Kappa Delta Pi doctoral scholar. Additionally, she earned a master's degree in Counseling Psychology from Fordham University and Clinical Psychology from The New School for Social Research. This extensive academic background informs her clinical practice, allowing her to draw from a broad spectrum of therapeutic techniques.

Beyond her private practice, Dr. Oppenheimer is an active advocate for mental health access and professional development. She is a proud member of the American Psychological Association, California Psychological Association, and Los Angeles County Psychological Association, reflecting her dedication to advancing the field of psychology and supporting her community.

Learn More about Dr. Marian Oppenheimer:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/3063553-Marian-Oppenheimer-Psychologist> or through Wellpeople, <https://www.wellpeoplehealing.com/dr-marian-oppenheimer>

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Source : Dr. Marian Oppenheimer

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