

Dione Savage, LICSW: Your Partner in Navigating Life's Challenges Through Online Therapy

Empowering Individuals to Overcome Anxiety, Depression, and Relationship Issues in a Safe, Supportive Environment



Pasco, Washington Sep 10, 2025 ([IssueWire.com](https://www.IssueWire.com)) - Dione Savage, a licensed clinical social worker and therapist, is proud to announce her online therapy practice, dedicated to providing individuals with the tools and support they need to navigate life transitions, anxiety, depression, and relationship challenges. With over 25 years of experience and a Master of Social Work degree from the University of Georgia, Dione is committed to creating a meaningful therapeutic experience tailored to each client's unique needs and goals.

Starting therapy can often feel like a daunting step, but Dione emphasizes that seeking help is a courageous and commendable choice. "I appreciate and congratulate you for being here," she says. "I aim to ensure that therapy is meaningful to you, and I welcome you to reach out whenever you feel ready to begin."

Dione is currently a doctoral candidate at Carolina University, pursuing a Ph.D. in Innovation. Through this advanced degree, she aims to enhance the effectiveness, accessibility, and personalization of mental health care, driving meaningful change within the field. Dione's approach is client-centered and collaborative, focusing on building a trusting relationship with clients. She specializes in employing cognitive-behavioral therapy (CBT), a proven method that helps individuals identify and reshape unhelpful thought patterns. "This hands-on approach equips you with tools to regain control over your emotions and behaviors," she explains.

As a naturally soft-spoken and empathetic person, Dione fosters a non-judgmental environment where clients can feel safe and heard. "I practice active listening and provide opportunities for reflection, partnering with you as we navigate your experiences together," she adds. Whether addressing anxiety, depression, or relationship issues, clients can expect a calm, patient presence during challenging moments.

Dione's online-only practice enhances accessibility, allowing individuals to connect with her from the comfort of their own homes. This flexibility is particularly beneficial for those with busy schedules or those who may feel more at ease in a familiar environment.

Learn More about Dione Savage:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/85024295-Dione-Savage-Social-Worker>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept their insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

*****@yourhealthcontact.com

Source : Dione Savage

[See on IssueWire](#)