

Debut Novel Lost Time by Holly Trost Available for Pre-Order

Author Holly Trost announces the upcoming September 30, 2025 release of her debut novel *Lost Time*, now available for pre-order through major booksellers.



Minneapolis, Minnesota Sep 26, 2025 ([Issuewire.com](https://www.Issuewire.com)) - Holly Trost's first novel, *Lost Time*, is now available for pre-order and will be officially released on September 30, 2025. You'll be able to find it through Amazon, Barnes & Noble, and most other major booksellers.

At the heart of the story is Iris, a character whose struggles with love, redemption, and second chances make her easy to connect with. What sets this novel apart is its unique use of time travel, which weaves mystery and wonder as Iris journeys through alternate realities. The story unfolds from Holly's personal journey of discovering empathy. In a [recent blog post](#), Trost writes, "*Lost Time emerged from my struggles and questions, shaped by a personal journey toward empathy and understanding.*"

Written for readers who enjoy character-driven time travel, *Lost Time* explores how faith, memory, and a sense of belonging shape the choices we make. Music, memory, and love intersect in shifting realities, reminding us that even when the past refuses to loosen its grip, the path forward can still be rewritten.

For more insights into the inspiration behind *Lost Time* and details on how to order her debut novel, visit [Holly Trost's blog](#).

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