

Adrienne C. Davis, PhD, ABPP: A Refreshing Approach to Mental Health in Evans, Georgia

Providing Comprehensive Psychological Services for Over Four Decades



Evans, Georgia Sep 24, 2025 ([IssueWire.com](https://www.issuewire.com)) - Adrienne C. Davis, PhD, ABPP, a highly respected Licensed Clinical Psychologist, has dedicated more than 40 years to helping individuals navigate the complexities of mental health. With a private practice located in Evans, Georgia, Dr. Davis specializes in psychotherapy for clients grappling with anxiety and depressive disorders, utilizing both insight-oriented and cognitive behavioral therapy techniques. Dr. Davis emphasizes a collaborative approach to therapy that integrates the perspective, goals, and feedback of the client in the therapy process. Her holistic approach encompasses a wide range of services, including stress management, anger management, support and guidance for those undergoing significant life transitions, seeking work-life balance, or recovering from medical illnesses. Dr Davis is passionate about the importance of addressing mental health issues in the workplace. As such, she offers mental health education, workshops, and consultation for employers and employees in business settings. Dr Davis is licensed to practice in several states, including Georgia, California, South Carolina, and Colorado. In addition, she is a member of PsyPac, which enables her to provide telehealth services in many states throughout the country.

Dr. Davis strongly believes that everyone possesses the inherent capacity to enhance the quality of their life. She contends that “Facing personal challenges, accepting one’s flaws, maximizing one’s strengths, and nurturing spiritual growth are essential steps towards personal development and improving mental health.” This philosophy underpins her work, allowing clients to discover pathways to mental wellness that are lasting.

In addition to psychotherapy, psychological testing is an integral part of the services she provides. Dr. Davis collaborates with several local medical centers to conduct pre-surgery psychological evaluations for patients considering bariatric surgery. This vital service assists individuals in addressing their weight management issues from a psychological perspective before going through the rigors of a surgical procedure that puts challenging new demands on their lifestyle. Dr. Davis also consults with the local Juvenile Courts by providing psychological evaluations of youthful offenders and making recommendations regarding their treatment needs..

A Leader in Forensic Psychology

Dr. Davis is not only a clinical psychologist but also a Board-Certified Forensic Psychologist, a prestigious distinction earned through the American Board of Professional Psychology, held by fewer than 4% of psychologists nationwide. Her expertise extends to providing psychological evaluations and expert testimony in both juvenile and superior court cases across state and federal jurisdictions. She has developed a specialization in capital case litigation, as well as personal injury litigation, contributing her invaluable insights into the psychological and psychosocial factors that contribute to criminal conduct and that impact those who suffer psychological injuries from workplace accidents, discrimination, motor vehicle accidents, and the like.

Educational Background and Academic Contributions

Dr. Davis’s educational journey began at the University of California, Los Angeles, where she earned her Bachelor of Arts in Psychology in 1976. She continued her studies at California State University, Long Beach, obtaining a Master of Arts in psychology in 1979. Dr. Davis completed her Doctor of Philosophy in Clinical Psychology at the University of Southern California in 1984, which laid a robust foundation for her distinguished career. Her specific research interests were in health and forensic psychology. During the years after she graduated from USC, Dr Davis taught various undergraduate and graduate courses in psychology at USC as an adjunct professor, including abnormal psychology, statistics, forensic psychology, personality development, the psychology of gender differences,

community psychology, and cross-cultural psychology. She also served as the Associate Director of Clinical Training, helping to shape the next generation of mental health professionals.

Community Engagement and Advocacy

A Los Angeles native, Dr. Davis moved to Augusta, Georgia, where she worked as a Forensic Evaluator at East Central Regional Hospital. Her commitment to community service is evident through her active participation in local initiatives. She gained recognition on WJBF Channel 6 News for her educational efforts in Belize, where she informed teachers and social workers about how to manage the realities of child sexual exploitation. During another broadcast, she addressed the pressing issue of school bullying alongside then-newscaster Freandy Clarveau.

Dr. Davis has also made significant contributions to public discourse on mental health. For over two and a half years, she was a regular guest on Helen Blocker Adams's radio program, "Straight Talk on Relationships." In November 2017, she launched her own radio program, "Your 15-Minute Mental Health Moment," on WKZK Radio, where she discusses various mental health topics, aiming to educate and empower the community.

Dr. Davis actively engages with community organizations, providing mental health presentations in diverse settings. She emphasizes the importance of education and open discussions regarding mental health issues in the workplace as essential for business success.

Personal Life and Interests

A proud member of the Columbia County Chamber of Commerce and Oakey Grove Baptist Church, Dr. Davis is also an enthusiastic tennis player, participating in USTA Adult Tennis Leagues. She enjoys traveling to other countries on equestrian adventures. In honor of her late father, an original Montford Point Marine, who was awarded the Congressional Gold Medal in 2012, for their courage, commitment, and sacrifice as the first Black Marines during WWII, she is a member of the Atlanta Chapter of the National Montford Point Marines Association Ladies Auxiliary. Their mission is to promote activities which raise awareness about the Montford Point Marines, their contribution to the history of our nation..

Dr. Adrienne C. Davis attributes her success to her faith, a strong foundation from parents who emphasized the importance of kindness and respect for others, and her genuine compassion for the individuals she serves, regardless of their background and unique circumstances. Building relationships and fostering trust with her clients is at the heart of what she does.

Learn More about Dr. Adrienne C. Davis:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/1659396-Adrienne-Davis-Psychologist> or through her website, <http://dradriennedavis.org/>

About FindaTopDoc.com

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