

Veteran Author and Scholar Millicent Marie Lowe Releases Groundbreaking Book The Glass Ceiling



Raleigh, North Carolina Aug 16, 2025 ([Issuewire.com](https://www.issuewire.com)) - Military veteran, operations leader, and academic researcher Millicent Marie Lowe has officially released her timely and deeply impactful new book, *The Glass Ceiling: Systematic Barriers to the Promotion of Women in the U.S. Navy*. A fearless examination of gender inequality in one of America's most tradition-bound institutions, the book is already resonating with readers from military, academic, and policy backgrounds alike.

Breaking the Silence: A Closer Look at Gender Inequity in Uniform

In *The Glass Ceiling*, Lowe draws from over 30 years of military and leadership experience to shed light on the persistent challenges that hinder women's advancement in the Navy. Blending rigorous statistical research with personal insight, she uncovers how institutional bias, outdated policies, and unequal access to leadership pathways continue to limit women's ability to rise through the ranks.

Despite making up 15% of Navy personnel, women represent only 7% of high-ranking officers—a disparity this book tackles head-on through a compelling mix of data and narrative.

A Powerful Voice for Change

Millicent Marie Lowe's firsthand experience brings unmatched credibility to this work. A proud veteran of the U.S. Navy and Army National Guard, she served in Desert Storm/Desert Shield, the 9/11 War on Terror, and Operation Enduring Freedom. Her decades of operational leadership and team development fuel a research perspective that is both deeply informed and purpose-driven.

With a Bachelor's degree in Political Science from Pace University and an MBA in Managerial Leadership from Nyack College, Lowe's expertise bridges the worlds of military strategy and organizational leadership. Her writing is as bold and precise as her service record, and she brings unwavering clarity to the issues at hand.

Already Making an Impact

With *The Glass Ceiling*, Millicent Marie Lowe brings a fresh, uncompromising voice to the national conversation on gender equity in the military. Her work doesn't just expose systemic issues—it offers clear, research-backed insights into why they persist and how they can be dismantled.

By combining statistical rigor with real-world context, Lowe challenges outdated assumptions and invites readers to rethink how leadership is cultivated, evaluated, and promoted. Her call is not just to acknowledge inequity, but to address it with intention, policy, and accountability.

This is more than a book—it's a bold contribution to a much-needed dialogue about fairness, visibility, and opportunity in the armed forces and beyond.

About the Author

Millicent Marie Lowe is a military veteran, researcher, and leadership professional with a passion for equity and service. A decorated service member and former operations leader with the U.S. Postal Service, she has spent her career driving performance, mentoring others, and challenging outdated systems. Her writing reflects a life of purpose, faith, and resilience—qualities she brings to every chapter and every conversation her book inspires.

Availability and Contact Information

The Glass Ceiling is now available in print and digital formats via major online retailers.

For purchase, interviews, media inquiries, speaking engagements, or further updates from Millicent Marie Lowe, please connect via the channels below:

[Facebook](#)

[Instagram](#)

[Amazon](#)

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