

“Openness and Visibility: A Memoir – A History of Hope, Healing, and Embracing a New Life” by Mayan Goodwill



Tomah, Wisconsin Aug 15, 2025 ([Issuewire.com](https://www.issuewire.com)) - In a powerful new memoir, migrant and mental health worker Mayan Goodwill reflects on a life marked by trauma, justice, and the enduring strength of the human spirit.

In his compelling memoir, “Openness and Visibility: A Memoir – A History of Hope, Healing, and

Embracing a New Life”, author Mayan Goodwill opens the door to his life’s most difficult—and most transformative—moments. From the war-scarred landscapes of El Salvador to the tranquil, bushy suburbs of Australia’s Capital Territory, Goodwill tells a story that is both deeply personal and universally resonant.

As a migrant, refugee, father, grandfather, and mental health counselor, Goodwill writes with raw honesty and hard-earned wisdom. His story is not only about survival but about choosing to heal, to serve, and to preserve the memories of those who were lost too soon.

The memoir is anchored in a series of vivid flashbacks that surface during his everyday routines—at work, in nature, or while camping with his family. Through these memories, readers meet the people who shaped his life, including his beloved grandmother, Transito. Known for her warmth and generosity, she was killed by the military in El Salvador in a tragic hit-and-run incident while walking to visit her daughter. With no chance to say goodbye, she was buried in a mass grave—just one of many senseless losses during a time of political brutality.

Goodwill also pays tribute to four cousins, all young men full of life and promise, whose deaths at the hands of the military underscore the human cost of authoritarian regimes. One cousin was killed simply for celebrating the joyful news that he was going to be a father—forgetting, for just a moment, the curfew that dictated life and death. These stories, once private griefs, are now shared with readers in the hope that they will never be forgotten.

At its core, “Openness and Visibility” is a book about remembering, honoring, and healing. It is also a bold reflection on society, justice, and resilience. Through his personal journey, Goodwill examines the impunity that allowed such violence to occur, and the emotional reckoning that followed him across continents.

“I wanted to share with readers about all my family members who were killed by the Salvadoran regime during the 1980s and 1990s,” Goodwill writes. “They will forever live in the memories of this memoir, and their histories will be passed down for generations to come.”

About the Author

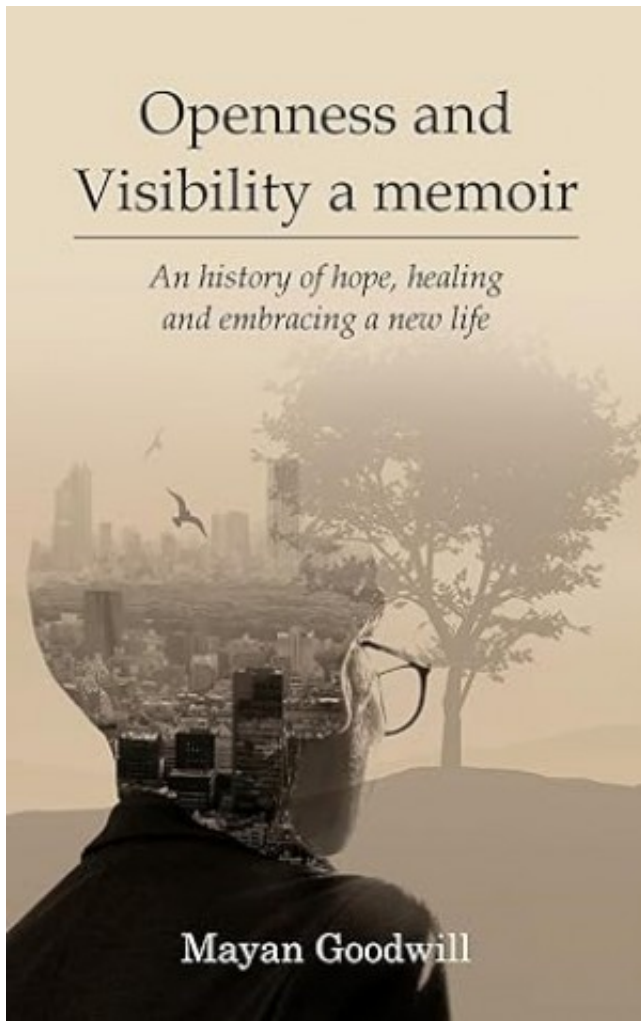
Mayan Goodwill is a Salvadoran-born author now living in the Australian Capital Territory. He is a father, grandfather, mental health counselor, and a passionate advocate for trauma healing and refugee voices. This is his first book.

The inspiration for this book came to him the day after he walked his youngest daughter down the aisle. As he reflected on that profound moment, a deep and undeniable feeling stirred within him—a calling to write. It was as if something within had been waiting for the right time to be heard. He felt compelled to share his journey and the lived experiences he carried from his life in El Salvador before migrating to Australia in 1991. That inner drive led him to write his very first book.

He also felt a strong responsibility to tell the untold stories of his family—the tragic loss of his loving grandmother, the heartbreaking deaths of his four cousins and his niece, and the unjust imprisonment that both the mother of his children and him endured at the hands of the Salvadoran government during the 1980s and 1990s. Their lives, their histories, and their memories are now forever preserved in this memoir. Goodwill wrote this book so their voices would not be silenced, so their stories could live on for generations to come. Writing this memoir has been both a personal healing journey and a way to bring light to those who were taken too soon.

Recently, Mayan Goodwill participated in the Prime Seven Media Spotlight interview with esteemed host Logan Crawford where he delves into discussion about his book. What sets this memoir apart is not just the tragedy it contains, but the deep sense of purpose that emerges from it. His life stands as a testament to how meaning can rise from despair, how service can become a path to healing, and how stories—no matter how painful—can become powerful tools for change. (Logan Crawford TV Interview Link: <https://www.youtube.com/watch?v=OSs6B0ZZVOM>)

“Openness and Visibility: A Memoir – A History of Hope, Healing, and Embracing a New Life” can be found on Amazon or you may click through this link: <https://www.amazon.com/Openness-Visibility-Memoir-History-Embracing/dp/1967820880>



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