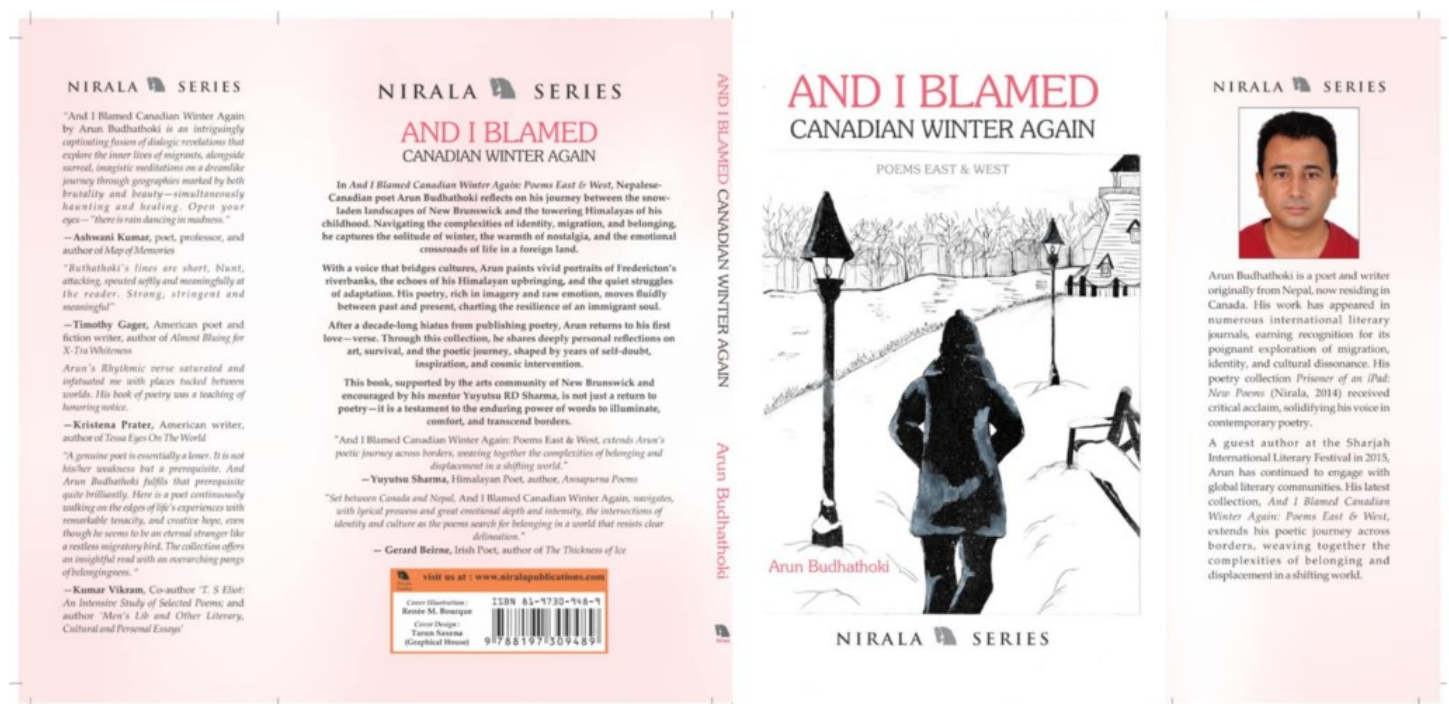


New Poetry Collection by Arun Budhathoki Reflects on Life Between Canada and Nepal



Kathmandu, Bagmati Aug 7, 2025 (Issuewire.com) - Canada-based Nepalese poet Arun Budhathoki has released a new [poetry](#) collection titled *And I Blamed Canadian Winter Again: Poems East & West*, marking his return to verse after nearly a decade.

Published by Nirala Publications, the book captures the emotional terrain of migration, identity, and belonging through poems that span the snowy landscapes of New Brunswick and the Himalayan memories of Budhathoki's youth.

"This book is not just a return to poetry," Budhathoki says. "It is a testament to the enduring power of words to illuminate, comfort, and transcend borders."

The 96-page collection is available in paperback format and can be ordered via Amazon in the [USA](#), [Canada](#), and [India](#). Libraries and bookstores can access it through Itasca Book Distribution in Minneapolis, USA.

Supported by the arts community of New Brunswick and mentored by renowned Himalayan poet Yuyutsu RD Sharma, Budhathoki's work has already received praise from literary figures across the globe.

Yuyutsu Sharma describes the book as "a poetic journey across borders, weaving together the complexities of belonging and displacement." Indian poet Ashwani Kumar calls it "a captivating fusion of dialogic revelations...simultaneously haunting and healing."

Budhathoki, who has previously published *Prisoner of an iPad* (2014), is also known for his journalism

and translations. His work has appeared in *Vice*, *The Guardian*, *The Financial Times*, *Asia Times*, and *Nikkei Asian Review*. He also translated *Shramatan: A Nepalese Migrant Worker's Memoir* by BN Joshi into English.



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