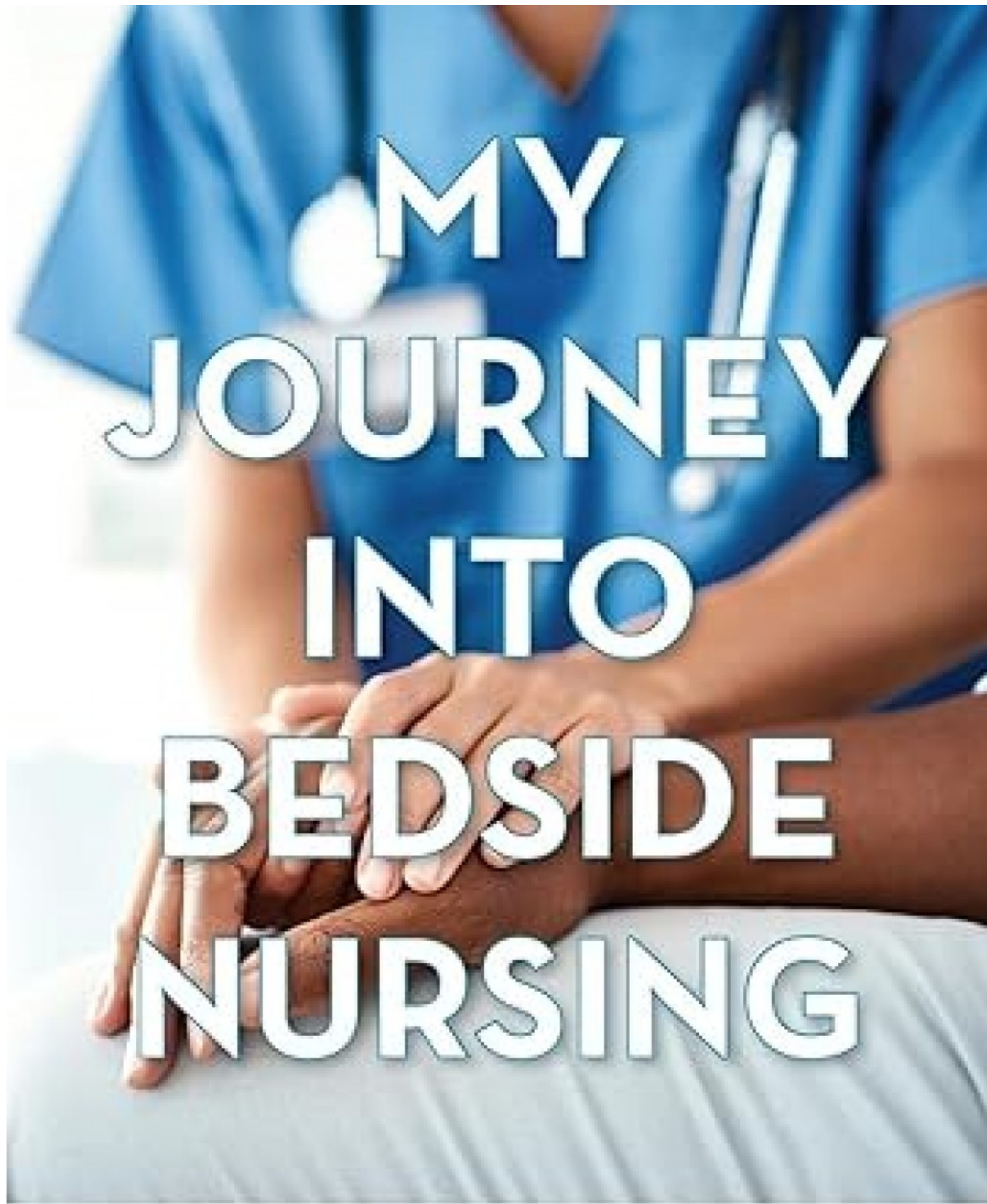


My Journey into Bedside Nursing Gives a Rare, Honest Look at Life on the Front Lines of Healthcare



MY JOURNEY INTO BEDSIDE NURSING

Cynthia L. Fannin MSN.RN

Campbell, Ohio Aug 27, 2025 ([IssueWire.com](https://www.issuewire.com)) - In her debut book *My Journey into Bedside Nursing*, author and registered nurse Cynthia L. Fannin, MSN, RN, opens the doors to hospital rooms, nursing home halls, and moments most people never see—unless they’ve worn scrubs and stood at a patient’s bedside themselves.

Told through vivid, real-world stories from her decades-long nursing career, Fannin’s memoir is an unfiltered account of what it truly means to care for others—sometimes in their most vulnerable or final hours.

One Nurse’s Story, A Thousand Lives Touched

From a shy second grader with a homemade first aid kit to a clinical professor and veteran nurse, Fannin charts her personal journey into healthcare not through abstract reflections, but through the people she’s served. Each chapter focuses on a different patient—a man who almost didn’t survive a routine surgery, a woman dying of cancer, a dialysis patient who broke all the rules but still stole her heart.

What sets this book apart is its emotional clarity. There are no dramatic flourishes, no sugarcoating. Fannin shows the heartbreak, the mess, and the exhaustion. But she also shows the quiet heroism—the kind that rarely makes headlines but changes lives every day.

Not Just a Career, A Calling

Fannin doesn’t hold back on the emotional weight of the job. She talks about burnout. She talks about grief. She talks about the guilt nurses carry when patients don’t make it—and the haunting feeling that maybe something more could have been done.

But she also talks about joy. About small victories. About learning to hear a cry for help in the middle of a crowded hallway, or recognizing when a patient needs more than a dose of medication—they need to be seen.

For anyone curious about what nurses really experience behind hospital walls, *My Journey into Bedside Nursing* delivers something rare: truth, stripped of ego.

Why This Book Matters Right Now

As public awareness of healthcare challenges continues to grow, Fannin’s memoir lands at just the right time. She puts a human face on an often invisible workforce. This isn’t a call for praise or sympathy—it’s a reminder. A reminder that patients aren’t room numbers. That nurses are people with limits. And that behind every shift is a collection of moments that never leave you.

Her stories aren’t just for those in healthcare. They’re for families, caregivers, and anyone who’s ever wondered what it’s like to be the one others depend on when everything is at stake.

About the Author

Cynthia L. Fannin, MSN, RN, is a registered nurse with over three decades of experience and a Master of Science in Nursing. She has worked in hospitals, nursing homes, and academic institutions, and currently serves as an assistant clinical professor of instruction. Known for her hands-on teaching style and fierce advocacy for patient care, Fannin brings the same clarity and compassion to her writing as she does to her work in the field. *My Journey into Bedside Nursing* is her first book.

Availability

My Journey into Bedside Nursing is now available on the official website, Amazon, and other online platforms. To get a copy or stay in contact with Cynthia L. Fannin, MSN, RN, follow the below listed channels:

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[Instagram](#)

[Official Website](#)

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