

Joshua M. Philbrick, MD: Expert Orthopaedic Surgeon Specializing in Upper Extremities

**Bringing Expert Surgical Solutions and Compassionate Treatment to Mobility Bone & Joint
Institute in Salem, New Hampshire**



New York City, New York Aug 15, 2025 ([IssueWire.com](https://www.issuewire.com)) - Mobility Bone & Joint Institute is proud to announce the addition of Joshua M. Philbrick, MD, a board-certified orthopaedic surgeon specializing in the upper extremity, to its esteemed team of healthcare providers in Salem, New Hampshire. Dr. Philbrick brings a wealth of expertise and a patient-centered approach to the practice, focusing on conditions affecting the shoulder, elbow, wrist, and hand.

Dr. Philbrick's extensive areas of expertise include Arthroscopic Shoulder Stabilization, Wrist Fusion, Scaphoid Fracture Fixation, Flexor Tendon Repair, Thumb Arthroplasty, Trigger Finger Release, Wrist Fracture Fixation, Total Shoulder Replacement, Arthroscopic Rotator Cuff Repair, and Reverse Shoulder Replacement. His well-rounded skill set enables him to provide comprehensive care for a wide range of upper extremity conditions.

Dr. Philbrick began his academic journey at Pensacola Christian College in Florida, where he completed his undergraduate studies before earning his Doctor of Medicine Degree from the University of Toledo College of Medicine and Life Sciences in Ohio. He further honed his clinical skills during his internship and residency at the University of Toledo Medical Center. To specialize further, Dr. Philbrick completed a fellowship in hand surgery at Excelsior Orthopaedics in Amherst, New York, where he refined his techniques in this specialized field.

"My passion for medicine stems from the relationships I build with my patients," says Dr. Philbrick. "I chose orthopaedic surgery because the hand is such an integral part of everyone's life. It's incredibly rewarding to help people regain their function and improve their quality of life."

Throughout his career, Dr. Philbrick has garnered recognition from both peers and patients for his thoughtful approach to treatment and skilled surgical techniques that prioritize function and long-term outcomes. His dedication to restoring mobility and alleviating pain has established him as a trusted resource in the medical community, particularly for complex cases requiring surgical intervention.

Having spent several years working outside of New Hampshire, Dr. Philbrick has returned to the area to be closer to family and to contribute to a community-oriented practice. He is passionate about community service, having participated in two mission trips to Mexico and actively engaging in fundraisers for Cystic Fibrosis. Dr. Philbrick believes in giving back and is excited to serve the residents of Salem and the surrounding areas.

Patients seeking expert care for upper extremity issues are encouraged to contact Mobility Bone & Joint Institute to schedule an appointment with Dr. Joshua M. Philbrick.

Learn More about Dr. Joshua M. Philbrick:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3242289-Joshua-Philbrick-Hand-Surgeon> or through Mobility Bone & Joint Institute, <https://mobilityboneandjoint.com/our-providers/joshua-philbrick-md/>

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Source : Dr. Joshua M. Philbrick

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