

# **Introducing Amelida Ramirez, MSN, APRN: Dedicated and Compassionate Psychiatric-Mental Health Nurse Practitioner**

**Dedicated Psychiatric-Mental Health Nurse Practitioner Advancing Innovative and Compassionate Mental Health Care**



**New York City, New York Aug 4, 2025 ([IssueWire.com](https://www.issuewire.com))** - We are proud to highlight **Amelida Ramirez, MSN, APRN**, a distinguished **Psychiatric-Mental Health Nurse Practitioner** whose unwavering dedication and clinical expertise have made her a transformative presence in the mental health field. With over **15 years of psychiatric nursing experience** in inpatient settings, Amelida brings both depth and heart to her role at **Our Psyche, Inc.**, a community-based outpatient psychiatric clinic in Edinburg, Texas.

Beginning her journey in mental health care as a psychiatric nurse, Amelida spent over 15 years at a single hospital where she rose through the ranks, serving as **charge nurse, risk manager**, and ultimately **house supervisor**. These leadership roles allowed her to develop a reputation for excellence in safety, patient advocacy, and interdisciplinary collaboration, earning the trust of both colleagues and patients.

In her current role at Our Psyche, Inc., Amelida provides **comprehensive psychiatric evaluations, medication management, therapy coordination, and personalized treatment planning**. She is known for her compassionate approach and strong clinical insight, supporting patients across the lifespan with a wide range of mental health needs.

Amelida also brings **specialized training in repetitive Transcranial Magnetic Stimulation (rTMS)** using the **Magstim system, Spravato (esketamine) treatment protocols**, and **supportive psychotherapy**. Her integrative and evidence-based care model enhances access to cutting-edge interventions for treatment-resistant depression and other complex psychiatric conditions. Her clinical practice is grounded in both **scientific rigor** and **genuine empathy**, making her a cornerstone of our mission to provide **personalized, innovative care** to our community.

With a **patient-centered methodology** grounded in clinical evidence and empathy, Amelida is dedicated to fostering **healing and stability** in her patients. Her **commitment to mental health advocacy** is evident in her engagement with the community, where she serves as a reliable resource for mental health awareness. Amelida's dedication has not only transformed the lives of her patients but has also **inspired her daughter to pursue a nursing career**, reflecting the powerful influence of her exemplary service.

In addition to her clinical contributions, Amelida is a proud member of the **American Nurses Association** and a **Sigma Cum Laude** graduate, reflecting her dedication to professional growth and academic excellence. She has also served for over six years as an **assistant instructor at a local university**, where she continues to mentor and inspire future psychiatric nurses.

We are honored to have Amelida as part of our team. Her multifaceted role exemplifies the values and vision of Our Psyche, Inc.—**promoting healing, resilience, and access to high-quality mental health care**.

#### **Learn More about Amelida Ramirez:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/85024029-Amelida-Ramirez-Nurse>, or through Our Psyche, Inc., <https://www.ourpsyche.com/team/#ramirez>

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and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

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