

Holistic Dental Pioneer Dr. Donna R. Williams-Ngirwa, DDS, Transforms Oral Health in Harlem, New York

Fellow of the Institute of Natural Dentistry Committed to Cutting-Edge, Community-Centered Care



New York City, New York Aug 4, 2025 ([Issuewire.com](https://www.issuewire.com)) - Dr. Donna R. Williams-Ngirwa, DDS, F.I.N.D., a seasoned dentist and founder of Morningside Dental Care in Harlem, New York, delivers patient-centered, advanced holistic dentistry that bridges the gap between oral health and overall well-

being. With over three decades of practice, her work emphasizes prevention, education, and compassionate care tailored to diverse communities in Manhattan's upper neighborhoods.

After earning her DDS from the University of Maryland in 1990, Dr. Williams-Ngirwa practiced extensively across the Caribbean—in the U.S. Virgin Islands, St. Croix, and Anguilla—before establishing her solo practice in Harlem in 1994. Her multicultural background and global experience inform her understanding of health as holistic, interconnected, and deeply influenced by social determinants.

Dr. Williams-Ngirwa is one of the earliest adopters of LANAP (Laser Assisted New Attachment Procedure) in New York City and the first above 79th Street to offer in-office CEREC milling technology for same-day porcelain crowns and bridges. Certified in conscious sedation through DOCS and holding a Fellowship in Natural Dentistry (F.I.N.D.), she offers advanced treatment for gum disease and dental anxiety, while educating patients on systemic connections between oral and whole-body health.

A passionate community advocate, Dr. Williams-Ngirwa organized Harlem's first Gum Disease Awareness Conference and successfully petitioned New York State to declare February as Gum Disease Awareness Month. She also spearheaded a charitable dental makeover contest, providing life-changing care to underserved individuals, reinforcing her belief that "The mouth is the missing link to overall health."

Under her leadership, Morningside Dental Care continues to offer comprehensive services—including general and cosmetic dentistry, restorative care, sleep apnea treatment, and emergency dentistry—with a cultural sensitivity and accessibility that serve the Harlem community with trust, integrity, and excellence.

Learn More about Dr. Donna R. Williams-Ngirwa:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/2984375-Donna-Williams-Ngirwa-Dentist>, or through
<https://morningsidedentalcare.com/>

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Source : Dr. Donna R. Williams-Ngirwa

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