

Gabriela Walsman-Leiva, MD: A Bilingual Family Medicine Physician Dedicated to Transforming Patient Care in Utah

Offering Direct Primary Care Services at Grateful MD, Dr. Walsman-Leiva Combines Empathy and Expertise for Enhanced Health Outcomes



New York City, New York Aug 12, 2025 ([Issuewire.com](https://www.Issuewire.com)) - Gabriela Walsman-Leiva, MD, a bilingual family medicine physician, is the Owner and Operator of Grateful MD, where she is committed to providing exceptional Direct Primary Care (DPC) services in Utah. With a profound dedication to the well-being of her patients and a wealth of experience across diverse healthcare settings, Dr. Walsman-Leiva strives to make a significant impact on the local community.

Originally from Ecuador, Dr. Walsman-Leiva earned her Doctorate Degree from the Central University of Ecuador. After migrating to the United States, she honed her skills in family medicine at McAllen Medical Center in Texas. Her journey, which has taken her from Washington, D.C., to Texas, and now to Utah, has always been centered around her passion for serving the Latino community. Walsman-Leiva has worked in various capacities, from medical assistant to interpreter, ultimately achieving her goal of becoming a practicing physician.

“I chose family medicine because I believe in the importance of holistic, patient-centered care,” says Dr. Walsman-Leiva. “My experiences have taught me that understanding cultural nuances and fostering strong patient-physician relationships are essential to delivering effective healthcare.”

At Grateful MD, Dr. Walsman-Leiva elevates the standard of care through DPC, which emphasizes direct patient access, personalized service, and affordability. This model allows her to focus entirely on her patients without the constraints often found in traditional healthcare settings. With services that include traditional physician care, telemedicine, preventive Medicine, and immigration Medicine. Grateful MD prioritizes the needs of its patients while ensuring substantial savings and increased access to care.

“Direct Primary Care is a game changer for patients,” Dr. Walsman-Leiva explains. “By simplifying payment structures and enhancing accessibility, we facilitate a more meaningful connection between patients and their healthcare providers. This approach allows us to tailor medical care to individual needs, ultimately leading to better health outcomes.”

Dr. Walsman-Leiva's medical expertise extends to diagnosing and treating a wide array of conditions, including asthma, diabetes, hypertension, depression, and anxiety. She is passionate about providing culturally sensitive care and helping her patients navigate the complexities of the healthcare system in Utah. Her board certification by the American Board of Family Medicine and active involvement with various professional organizations, including the American Academy of Family Physicians—Utah Chapter, the Utah Medical Association, the Ecuadorian Society of Family Medicine, and the Utah Hispanic Chamber of Commerce, reflect her commitment to ongoing education and excellence in her field.

In addition to her medical practice, Dr. Walsman-Leiva has been a source of inspiration for international physicians seeking to validate their credentials in the U.S. Through her leadership as the Chief Medical Officer and Founder of the LEAL Foundation, she guides aspiring doctors to embark on impactful and sustainable entrepreneurial ventures aligned with their values. Dr. Leiva also authored *Superando Obstáculos: El Camino Formativo del Médico Inmigrante*, which translates to *Overcoming Obstacles: The Educational Journey of the Immigrant Doctor*. Through her work, she embodies the spirit of compassion and dedication that defines true healthcare leadership.

“Empathy, continuous learning, and a commitment to service are the cornerstones of my practice,” Dr. Walsman-Leiva states. “I believe that my journey, shaped by humility and perseverance, enables me to connect with my patients on a deeper level.”

Dr. Walsman-Leiva also dedicates time to humanitarian efforts in Ecuador, organizing mission trips to provide medical care in rural areas. When she's not in the office, she enjoys dancing Ecuadorian folkloric dances, hiking, writing, and participating in Zumba.

At Grateful MD, patients will find a compassionate partner in Dr. Walsman-Leiva, who genuinely cares about their health and well-being. “We are here to work alongside you in your journey to achieving and

maintaining your health,” she emphasizes.

Grateful MD is affiliated with reputable hospitals, including the University of Utah Hospital, Intermountain Health Riverton Hospital, and Intermountain Medical Center in Murray, ensuring that patients receive comprehensive care when needed.

Learn More about Dr. Gabriela Walsman Leiva:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/81743478-Gabriela-Walsman-Leiva-Family-Practitioner> or through Grateful MD, <https://www.gratefulmd.com/about-us/>

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