

From Darkness to Hope: Daniel J. Regan to Present HealingUS at Kean University

A compelling testimony of resilience and transformation, bridging personal experience with the urgent need for mental health and recovery solutions.

HEALING US

A MEMOIR



DANIEL J. REGAN

Newark, New Jersey Aug 10, 2025 ([IssueWire.com](https://www.issuewire.com)) - At a time when mental health and addiction crises continue to leave a deep imprint on communities nationwide, community leader and recovery advocate Daniel J. Regan will officially launch his new book HealingUS on Wednesday, August 13, 2025, at 6:00 PM, at the STEM Auditorium, Kean University.

Written in collaboration with his mother, Lynn Regan, HealingUS is an intimate yet unflinchingly honest memoir that transcends personal narrative to become a manifesto of collective hope. The book chronicles, with both emotional depth and narrative precision, the journey from the depths of addiction to the rebuilding of a life dedicated to helping others heal.

Far more than an autobiography, HealingUS is a social statement, underscoring the vital role of human connection over purely clinical approaches.

The launch event will feature a distinguished panel of experts in mental health, recovery, and community engagement. Attendees will have the opportunity to engage in an open dialogue about the current challenges in prevention, treatment, and public policy followed by an official book signing.

“This launch is not merely a literary event; it is an opportunity to bring visibility to a reality that impacts millions, and to present solutions grounded in compassion, evidence, and coordinated action,” said Regan. “The story of HealingUS is, at its core, the story of countless families who need to know that recovery is possible.”

Event Details:

Date: Wednesday, August 13, 2025

Time: 6:00 PM – 8:30 PM

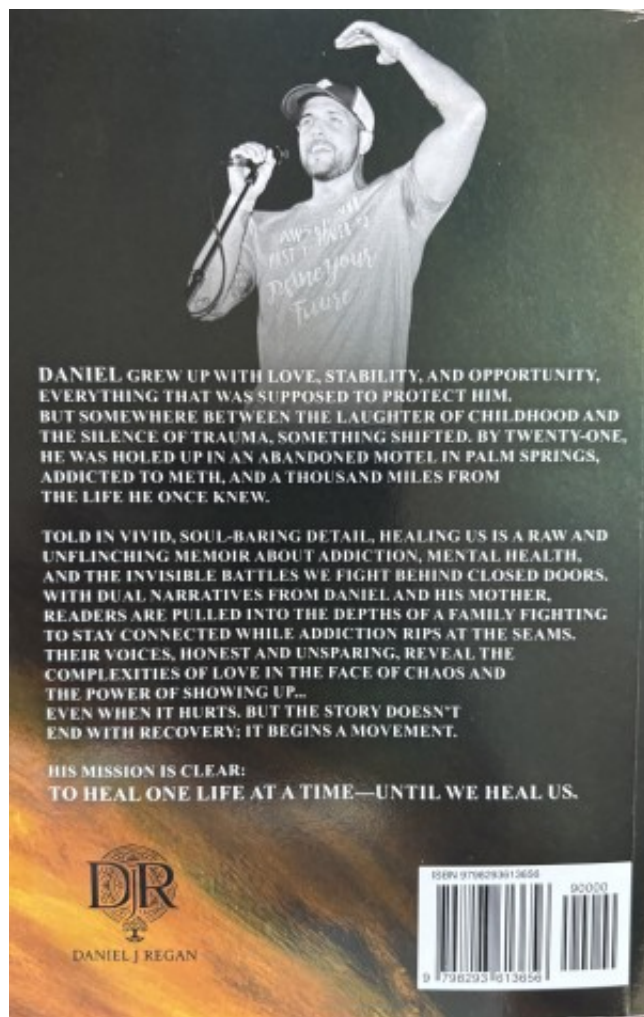
Location: STEM Auditorium, Kean University, 1075 Morris Avenue, Union, NJ 07083

Admission: Free and open to the public

Event Link: <https://danieljregan.com/book>

About Daniel J. Regan:

Daniel J. Regan is a nationally recognized leader in mental health advocacy and addiction recovery. He is the founder of HealingUS Centers and Healing Us Communities initiatives that have provided critical support to thousands of individuals and families. His work is widely respected for its comprehensive, evidence based approach and its emphasis on human connection as a transformative tool.



Media Contact

Healing Us

*****@gmail.com

(201) 355-6308

Source : Healing us

[See on IssueWire](#)