

Empowering Lives: Tara Harper, PhD, LPC, CAADC, Leads The Innovative Project in Delaware County, Pennsylvania

Dedicated Therapist Offers Comprehensive Counseling and Executive Coaching Services



New York City, New York Aug 12, 2025 ([IssueWire.com](https://www.issuewire.com)) - Tara Harper, PhD, LPC, CAADC, a Licensed Professional Counselor, Certified Advanced Addiction & Drug Counselor, and seasoned therapist with over two decades of experience, proudly announces the establishment of her private practice, The Innovative Project (TIP). Located in Delaware County, Pennsylvania, TIP is dedicated to empowering individuals and organizations through a comprehensive range of counseling and coaching services designed to foster personal and professional growth.

Dr. Harper's impressive academic credentials include a Bachelor of Arts in Psychology from Grambling State University (1997), a Master of Science from West Chester University of Pennsylvania (2003), and a Doctor of Philosophy from Northcentral University (2021). As the Owner and Senior Therapist at TIP, her commitment to excellence drives the mission to provide outstanding support and guidance tailored to the specific needs of each client.

"At The Innovative Project, we believe that everyone has the potential to grow and achieve their goals," said Dr. Harper. "Our services, which include executive coaching and individualized counseling for individuals, families, and couples, are designed to help clients navigate life's challenges and reach optimal health and happiness."

The TIP team, composed of experienced professionals, is focused on assisting clients with various transitions, whether personal or professional. They understand that challenges are a natural part of life and business, and they are equipped to address these issues proactively, ensuring clients have the resources they need to thrive.

In addition to her private practice, Dr. Harper serves as the Assistant Vice President for Student Wellbeing and Clinical Operations at Lincoln University. In this role, she oversees clinical and behavioral health services on campus, including the Counseling Center and the Student Health Center. Dr. Harper is dedicated to promoting a culture of health, wellness, and resilience among students, addressing the mental, physical, and social factors that contribute to student success.

Dr. Harper is also actively engaged in the community as a member of the American Psychological Association, a board member of the Black Brain Campaign, and a participant on the Social Action Committee of Delta Sigma Theta Sorority, Incorporated. Her commitment to service and community involvement exemplifies her dedication to making a positive impact.

Outside of her professional life, Dr. Harper enjoys reading and spending quality time with her family and friends. She credits her success to the supportive family environment she grew up in, which has motivated her to push forward and make a difference in the lives of others.

Learn More about Dr. Tara Harper:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/85024072-Tara-Harper-Counselor-Therapist> or through The Innovative Project, <https://consulttip.com/about-us>

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Source : Dr. Tara Harper

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