

Effective BPPV Treatment Combining Epley Maneuver with Betahistine at Pravigya ENT & Vertigo Clinic

Dr. Pratihtha Sachan – ENT & Imbalance Disorder Specialist with Global Recognition



Lucknow, Uttar Pradesh Jan 24, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Breakthrough Treatment for Vertigo Patients Announced at Pravigya ENT & Vertigo Clinic, Lucknow

In a promising development for vertigo sufferers, **Dr. Pratishtha Sachan**, Lucknow's first certified vertigo specialist and a leading expert in neurotology, has revealed that a combination of the **Epley Maneuver** and **Betahistine medication** offers significantly improved results for patients battling **Benign Paroxysmal Positional Vertigo (BPPV)**.

With extensive clinical experience and recognition as an international faculty at top Neurotology conferences in **Japan and Sweden**, Dr. Sachan shared that her clinic's patients are experiencing **faster recovery and reduced recurrence of symptoms** when treated using this dual-approach method.

"While the Epley Maneuver remains the gold standard in repositioning displaced crystals in the inner ear, adding Betahistine has shown remarkable improvement in post-treatment stability and dizziness reduction," said Dr. Pratishtha Sachan. "This combination ensures long-lasting relief for patients suffering from BPPV."

At [Pravigya ENT & Vertigo Clinic](#), located in Indira Nagar, Lucknow, Dr. Sachan and her team offer cutting-edge diagnostic tools, personalized vestibular assessments, and non-surgical treatment options for vertigo, dizziness, tinnitus, and other balance disorders.

Dr. Sachan has delivered **over 50 national and international presentations** and has been recognized for her **award-winning research** on vestibular disorders and minimally invasive treatment techniques.

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