

Dual-Board Certified Psychiatrist Dr. Albert Ma, MD, Elevates Mental Health Care in California

A Trusted Expert in Child, Adolescent & Adult Psychiatry with Nearly Three Decades of Clinical and Academic Leadership



New York City, New York Aug 4, 2025 ([Issuewire.com](https://www.issuewire.com)) - Dr. Albert Y. Ma, MD, serves as Medical Director at Bakersfield Behavioral Healthcare Hospital in Bakersfield, California, where he leads a robust psychiatric team dedicated to delivering compassionate and evidence-based mental health services to children, adolescents, and adults. Fluent in Mandarin and English, Dr. Ma brings a culturally sensitive and patient-focused approach to his practice, emphasizing trust, collaboration, and

personalized care plans.

Born in China and raised in Chicago, Dr. Ma earned his MD from the University of Illinois College of Medicine in 1997 and completed residency training there from 1997 to 2000. He went on to complete a fellowship in child and adolescent psychiatry at Rush University Medical Center in 2002. Board-certified in both General Psychiatry and Child & Adolescent Psychiatry, he has practiced in Bakersfield for over 15 years, gaining recognition for his depth of expertise in mood disorders, personality disorders, and developmental challenges.

Dr. Ma has significantly contributed to psychiatric education across California, serving as core faculty at the Kaweah Delta Psychiatry Residency Program and holding clinical teaching roles at UCLA and UC San Diego. His leadership in training initiatives underpins three psychiatric fellowship programs in the Central Valley, reflecting his dedication to strengthening mental healthcare capacity in the region.

In clinical practice, Dr. Ma offers both in-person and telehealth evaluations and therapy, specializing in conditions such as bipolar disorder, depression, anxiety, ADHD, autism spectrum disorders, and complex personality disorders. Many patients highlight his thoughtful, engaging communication style and his integrated use of psychotherapy in conjunction with medication management.

Learn More about Dr. Albert Ma:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/767182-Albert-Ma-Adolescent-Psychiatrist>, or through www.bakersfieldbehavioral.com

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