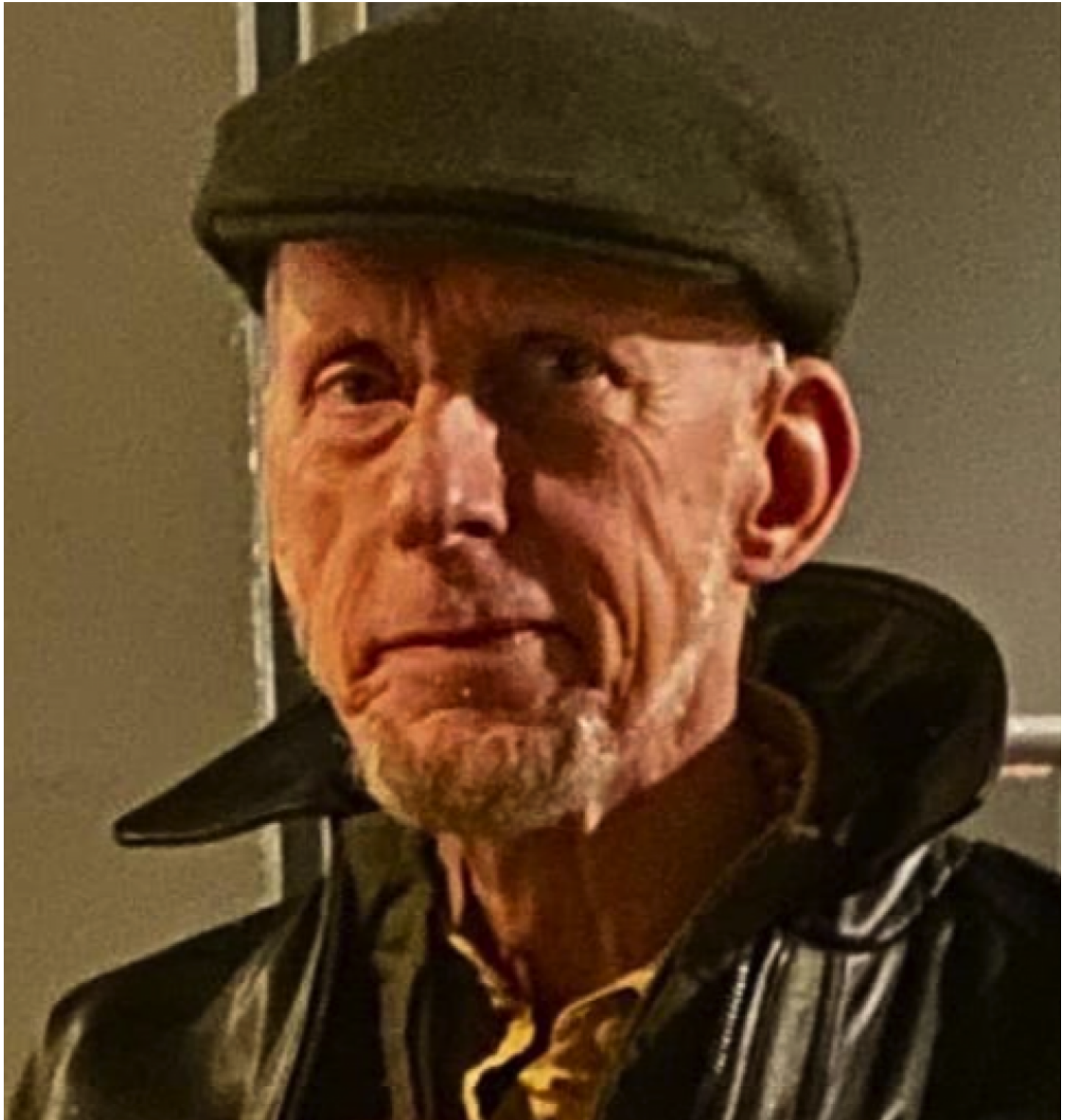


Dr. James Eyerman Brings Over Four Decades of Psychiatric Expertise to San Francisco's Mental Health Landscape

Innovative and Integrative Care Approaches Tailored for Individual Needs



New York City, New York Aug 28, 2025 ([Issuewire.com](https://www.issuewire.com)) - Dr. James Eyerman, DLFAPA, ABPN, a distinguished psychiatrist with over 40 years of experience, continues to enhance the mental health care community in San Francisco. Renowned for his integrative approach, Dr. Eyerman combines traditional

psychiatry with holistic therapies, creating personalized treatment plans that address the physical, mental, and spiritual needs of his patients.

Dr. Eyerman's extensive training and education include a Bachelor of Arts degree in Classics from the College of the Holy Cross and a Doctor of Medicine from Saint Louis University School of Medicine. He is board-certified by the American Board of Psychiatry and Neurology, the American Board of Adolescent Psychiatry, and the American Board of Integrative Holistic Medicine.

In his practice, Dr. Eyerman utilizes a diverse set of therapeutic modalities, including medication management, psychotherapy, and cutting-edge techniques such as Eye Movement Desensitization and Reprocessing (EMDR), hypnosis, and dreamwork. He is also recognized for his use of non-drug psychedelic states of consciousness and Eastern practices like acupuncture, Ayurvedic medicine, and meditation. This multifaceted approach allows Dr. Eyerman to tailor his care to meet each patient's unique challenges and goals.

Known for his gentle and empathetic demeanor, Dr. Eyerman believes in the transformative power of the patient-doctor relationship. He emphasizes open communication and collaboration, creating an environment where patients feel empowered to engage in their healing journey. His weekly holotropic breathwork sessions offer a supportive space for personal growth and emotional healing, further enriching the therapeutic experience for his patients.

In addition to his clinical practice, Dr. Eyerman holds several academic positions, including Associate Clinical Professor of Psychiatry at the University of California, San Francisco, and Adjunct Associate Professor at Touro University, Vallejo, CA. He also serves as a staff psychiatrist at Napa State Hospital and Canyon Manor, Novato, CA, and is a psychopharmacology advisor to the California Department of State Hospitals.

Dr. Eyerman's dedication to advancing mental health care and his eclectic, compassionate approach empower patients to navigate their challenges with confidence and resilience. As he continues his work in San Francisco, Dr. Eyerman remains committed to fostering mental wellness and enhancing the quality of life for those he serves.

Learn More about Dr. James Eyerman:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3489853-James-Eyerman-Psychiatrist> or through his website, <https://www.drjameseyerman.com/about-me>

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Source : Dr. James Eyerman

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